

# Dance

## LOWER DIVISION

**DANC 103. Modern I** (3). Use contemporary dance as base for exploring dance as art form. Full-body technique, mind-body integration, and creative methods and structures. American dance pioneers. [Rep. C-LD.]

**DANC 103T. Modern I Skills Maintenance** (1) Contemporary dance at the beginning level. Offered in conjunction with DANC 103 in order for students to maintain skills in modern dance techniques. [Prereq: IA. Rep.]

**DANC 104. Modern II** (3). Continue using contemporary dance forms to increase technical proficiency, endurance, and performance skills. Required for dance studies majors and dance minors. [Prereq: DANC 103 or IA. Rep. C-LD.]

**DANC 104T. Modern II Skills Maintenance** (1) Continued study of dance techniques at the intermediate level. Offered in conjunction with DANC 104 in order for students to maintain skills in modern dance techniques. [Prereq: IA. Rep.]

**DANC 110. Ballet I** (2). Techniques, methods of traditional ballet for students at the beginning level. [Rep.]

**DANC 110T. Ballet I Skills Maintenance** (1) Beginning level of ballet technique. Offered in conjunction with DANC 110. Students will continue to maintain dance technique. [Prereq: IA. Rep.]

**DANC 120. Jazz Dance Styles I** (2). Techniques and choreography for beginners. [Rep.]

**DANC 120T. Jazz Styles I Skills Maintenance** (1) Beginning jazz techniques and choreography. Offered in conjunction with DANC 120. Students will continue to maintain dance technique. [Prereq: IA. Rep.]

**DANC 240. African Dance** (1). Learn dances, songs, and rhythms from various African regions and peoples. Experience African dance as prayer, celebration, a healing power, a demonstration of community, a joyful release of energy, and as an ecstatic connection to the universe. [Rep.]

**DANC 243. Tap Dance** (1). A study of tap dance and rhythmic patterned movements at the beginning level. Historical perspective and terminology will be included. [Rep.]

**DANC 245. Middle Eastern Dance** (1). A study of the ancient and ever-evolving Middle Eastern Dance art form with a strong focus on Egyptian styles. May also include American Cabaret and Tribal styles and examples of contemporary influences on traditional Middle Eastern Dance. [Rep.]

**DANC 247. Mexican Folklorico Dance** (1).. Exploration of traditional Mexican dances and the historical and social context in which they are performed. Students will perform and become aware of dance terminology, steps, and style. [Rep.]

## UPPER DIVISION

**DANC 303. Dance in World Cultures** (3). Multi-ethnic approach to dance as a key to cultural understanding. Discover and appreciate dance as a traditional, social, and artistic expression of world peoples. Required for dance studies majors and minor. [Rep. DCG-n. C-UD.]

**DANC 310. Ballet II** (2). For those at the intermediate level of ballet technique. [Prereq: DANC 110 or IA. Rep.]

**DANC 310T. Ballet II Skills Maintenance** (1) Intermediate level of ballet technique. Offered in conjunction with DANC 310. Students will continue to maintain dance technique. [Prereq: IA. Rep.]

**DANC 320. Jazz Dance Styles II** (2). Intermediate techniques and choreography. [Prereq: DANC 120 or IA. Rep.]

**DANC 320T. Jazz Styles II Skills Maintenance** (1) Intermediate techniques and choreography. Offered in conjunction with DANC 320. Students will continue to maintain dance technique. [Prereq: IA. Rep.]

**DANC 330. Modern III** (3). Contemporary dance styles at the intermediate/advanced level. Students enhance their technical skills and performance artistry. Students explore professional opportunities and prepare for auditions. [Prereq: DANC 104 or IA. Rep.]

**DANC 330T. Modern III Skills Maintenance** (1) Continued study of contemporary dance techniques at the high intermediate/advanced level. Offered in conjunction with DANC 330 in order for students to maintain skills in modern dance technique. [Prereq: IA. Rep.]

**DANC 350. Dance Science** (3). Study of the structure and function of the musculoskeletal system as related to dance training/performance. Basic anatomy, biomechanics, and the care and prevention of common dance injuries are examined.

**DANC 380. Special Topics in Dance – Activity Based** (1-3). \* Special topics in dance studies to be determined by program need and student interest. Topics vary. [Rep; multiple enrollments in term.]

**DANC 389. Choreography Workshop** (3). Use of improvisational dance techniques as a performance tool for the development of choreography. Emphasis on student choreography. Required for dance studies majors and dance minors. [Prereq: DANC 104 or IA. Rep once for a maximum of 6 units.]

**DANC 400. Bodyworks** (3). A somatics, self-awareness, and expressive movement class. Using Eastern and Western movement practices, students will enhance general wellness, physical skills, and mind/body connections while gaining tools for life-long discovery. [Rep. E-UD.]

**DANC 480. Special Topics in Dance** (1-4). Special topics in dance studies to be determined by program need and student interest. Topics vary. Offered as funding permits. [Rep; multiple enrollments in term.]

**DANC 484. Creative Dance for the Classroom** (3). Develop skills for teaching dance. Course implements national dance standards and California Visual and Performing Arts Framework. No previous dance experience necessary. [Rep.]

**DANC 485. Interdisciplinary Seminar** (3). Develop skills in interdisciplinary creation, collaboration, research and vision. Exploration across artistic and academic disciplines, culminating in collaborative presentations, research projects or performances. Open to all HSU students; required of ISDS majors. [Prereq: DANC 104 or IA. Rep twice.]

**DANC 488. Dance Performance Ensemble** (1-4). Rehearse and perform selected dance choreography. Emphasis on dance technique, performance skills, and collaboration. [Prereq: audition or IA. Coreq: enrollment in dance class of appropriate genre or IA. Rep 5 times for a maximum of 12 units.]

**DANC 489. Dance Theatre Production** (4). Rehearse and coproduce a dance concert. Emphasis on compositional, collaborative, and leadership skills. Required for dance majors. [Prereq: audition, ISDS major, or IA. Rep.]

**DANC 499. Directed Study** (1-4). Independent study, studio instruction, and/or supervised activities. [Rep twice for a maximum of 9 units; multiple enrollments in term.]