

# THE CAMPUS COMMUNITY

## Academic Support Services

**Academic Advising.** At Humboldt State, academic advisors play a vital role in a student's educational experience using a developmental academic advising approach. Developmental academic advising is an intentional process that facilitates students' academic, professional, and personal development. Using student development theory to establish learning outcomes, advisors help students get the most out of their college experience. They connect students to campus and community resources, provide information about opportunities to enhance their education (e.g. study abroad, internships) support timely progress to degree, and discuss how students can integrate their education into their personal and professional goals. Students are encouraged to meet with their advisor throughout the academic year and must meet at least once a semester to review their 3-semester DARS degree plan and to facilitate registration for their next term.

Humboldt State is in the process of transitioning to professional academic advisors for all first and second year students with students in their third year and beyond assigned to a faculty academic advisor in their major.

Students are required to apply for graduation upon completion of ninety units, after developing a plan for their final semesters with their faculty academic advisor. For application for graduation guidelines, see the Office of the Registrar website at registrar.humboldt.edu.

Pre-professional advising for admission to health science professional schools (including medical, dental, veterinary, optometry, and pharmacy) is available from designated faculty in our Biological Sciences and Chemistry departments. Please refer to the "Pre-Professional Health Programs" on the Preparatory Courses of Study page of this catalog. Pre-law advising is also available. For details, visit the pre-law advising website at humboldt.edu/prelaw.

**Academic & Career Advising Center (ACAC).** ACAC unifies the functions of both academic and career advising to provide holistic and comprehensive guidance to students concerning academic, personal, and professional goals.

ACAC advisors help students explore and identify majors and careers best suited to their strengths, interests, and abilities, while helping them achieve timely progress towards a degree. They prepare students to enter the professional workplace by helping them connect the knowledge and skills gained from their campus experience to future careers. ACAC staff regularly engage with faculty, staff and student programs to collaborate and educate on academic and career topics in order to foster student success.

**Academic Advising.** Academic advisors assist advisees with their transition to college life and guide them through the resources they need to become successful college students. Advisors help students create academic plans that incorporate both educational and career related experiences, while working towards a timely completion of their degree requirements. ACAC advisors also assist the larger student population with questions concerning academic policies and procedures, major exploration, bachelor's degree requirements and other general questions.

**Career Advising.** Career advisors help students identify their strengths, interests and abilities and based on those, find careers and majors that are well suited to them. They also offer individual and group sessions for students on various career-oriented topics including acquiring jobs and internships, writing resumes and cover letters, interviewing tips, career guidance, and applying to graduate school.

ACAC also provides assistance to students searching for part-time, summer, temporary, work-study, or full-time work. Jobs are posted on HSU Handshake at acac.humboldt.edu, the Center's online job board. All students are encouraged to gain experience in their desired career fields while at Humboldt State.

Employers and representatives from business, industry, government, non-profit organizations and education visit campus to interview candidates as well as attend the Annual Part-Time Job Fair, Graduate & Professional School Fair, Educator Fair, and the Career and Volunteer Expo.

ACAC houses a resource library and computer lab where students can research career options, graduate/professional schools, internships and major and class informa-

tion. In addition, a Career Clothing Closet has donated professional attire available to students at no cost. The ACAC is located in Lower Library Room 16.

acac.humboldt.edu  
facebook.com/HumboldtACAC  
acac@humboldt.edu  
707-826-3341

**Office of the Registrar.** Students can find information and assistance at the Office of the Registrar. Staff provide help with registration, enrollment verification, applications for graduation, transcript request forms, petition information, and clarification on academic regulations and deadlines. After students have filed an application for graduation, they can make appointments for a degree audit or graduation review with a Transfer & Graduation Counselor by contacting the Office of the Registrar, SBS 133; phone 707-826-4101; email records@humboldt.edu; website registrar.humboldt.edu.

**Student Support Services.** Student Support Services assist those from low-income families who need academic support to complete their education. Priority goes to students whose parents do not have a college degree.

These services, tailored to the needs of the individual, include academic and personal advising, study skills programs, and assistance navigation through university life, expectations, and policies.

The U.S. Department of Education funds the program. Call 707-826-4781 or drop by Hadley House 56.

## Alumni Activities (see Forever Humboldt)

### Art Galleries

The Reese Bullen Gallery and Goudi'ni Gallery located on campus bring major exhibitions to the university community and serve as exhibition spaces for national, regional, and local artists. Our students regularly exhibit in three on-campus student galleries, all over campus in our annual Sculpture Walk, and in the Reese Bullen Gallery each spring for our annual Student Exhibition.

### Athletics (also see Recreation)

Students participate in a wide range of sports through intercollegiate athletics and student clubs. Club sports include, among others, rugby, crew, and lacrosse.

Humboldt's intercollegiate teams have produced many championships over the years. Five men's and seven women's teams compete at the Division II level of the National Collegiate Athletic Association (NCAA). Men's sports include soccer, basketball, cross country, and track and field. Women's sports include soccer, volleyball, cross country, basketball, softball, track and field, and rowing.

Humboldt State University is committed to providing equal opportunities to all students in all campus programs, including intercollegiate athletics. Information concerning athletic opportunities available to male and female students and the financial resources and personnel Humboldt dedicates to its men's and women's teams may be obtained from the Athletics Office in the Kinesiology & Athletics Building (707-826-3666) or visit our website at [hsujacks.com](http://hsujacks.com).

**Facilities.** Humboldt State has a modern physical education complex with areas for basketball, volleyball, wrestling, dance, yoga, fencing, and archery. Humboldt also offers soccer, softball, and football fields, and a swimming pool. An indoor climbing wall and a modern weight-training facility are housed in the newly-renovated fieldhouse, which also contains a large artificial turf field used for classes, intramural sports, and as an indoor practice facility.

### Bookstore

The HSU Bookstore, conveniently located on the third floor of the University Center, carries everything a student needs throughout their tenure at Humboldt State University. From textbooks to HSU t-shirts, they have you covered. They offer many cost saving programs, including a large in-store and online textbook rental program.

Bookstore staff works directly with professors on campus to ensure that everything that is required for your classes is available for purchase at one convenient location. They carry a large selection of lab, school, and art supplies, as well as any course specific supplies required by your professor. The Bookstore also stocks a varied selection of non-course related merchandise; ranging from a local interest section, HSU clothing, gifts, supplies, a full service Post Office and a variety of convenience items.

Located inside the Bookstore is the Jacks Technology Center; an authorized Apple Campus Sales Center and Apple Certified Repair Center for Apple computers, iPads and iPhones. HSU students, faculty, and staff receive academic pricing on Apple

merchandise. Come in to see some of our amazing offers or visit [bkstr.com/humboldt-statestore](http://bkstr.com/humboldt-statestore) for more information.

### Center for International Programs

The Center for International Programs (CIP) is home to international services for both domestic and international students. The CIP promotes the intellectual and cultural diversity that participation in international experiences brings to the university community. Located on the second floor of the Student and Business Services (SBS) building room 211, the CIP leads Humboldt State University's efforts in recruiting international students and supporting them throughout their career at HSU by providing them with immigration orientation, advising, advocacy, and programming support. The CIP also provides assistance and services to all HSU students interested in studying abroad.

For more information regarding our programs, please call the Center for International Programs at 707-826-4142, see our website at [extended.humboldt.edu/international-programs](http://extended.humboldt.edu/international-programs), or email us at [international@humboldt.edu](mailto:international@humboldt.edu).

### Center for Community Based Learning

The **Center for Community Based Learning** is dedicated to continuing the long history of HSU's service to the community by helping faculty incorporate community-based learning into curriculum in the form of Service Learning and Academic Internships. HSU's strategic plan calls for deeper connections to the community, hands-on opportunities for students, and wider implementation of High Impact Practices. Service Learning and Academic Internship courses meet all three of these expectations by connecting curriculum within the classroom to hands-on experience and real needs in the community. In these significant learning experiences, students make connections that deepen their understanding of course learning objectives, broaden their perspectives on diversity, social and environmental justice, and civic engagement issues, while experiencing personal and professional growth.

**Service Learning** is a collaboration between students, community partners, and faculty that connects academic coursework with service to address community defined needs. Service Learning promotes reciprocity – all parties share responsibility and gain benefits. Students typically conduct 25-30 hours of service.

An **Academic Internship** integrates the student's academics with practical experience at a collaborating organization. The emphasis is on the student's academic, professional and personal development; organizational goals may also be met. These courses require the student to conduct 60+ hours of service.

The Center for Community Based Learning manages two integrated programs:

The **Faculty Support Program** supports faculty in three primary ways. By coordinating faculty development opportunities including Service Learning pedagogy, best practices for Academic Internships and Service Learning, course design, and managing community partnerships; promoting the creation of new Service Learning and Academic Internship courses; and providing in-class activities as well as behind-the-scenes support for best practices and logistics.

The **Community Partner Program** provides bridges between community agencies and Service Learning and Academic Internship courses, while supporting the development of safe, welcoming and meaningful experiences for students involved in these community based practices. The Center works with regional communities to develop hands-on learning opportunities that foster students' academic, professional and personal development while addressing community-defined needs.

For more information, visit the Center at Gist Hall 122, call 707-826-4964, or visit [ccbi.humboldt.edu](http://ccbi.humboldt.edu).

### Child Care

The Children's Center provides a care and education program for infants, toddlers, and preschool children. Priority is given to university students' children. Children of university staff and faculty members are welcomed on a space-available basis. Fees are based on parental income. Call 707-826-3838 or stop by Jensen House 94.

### Clubs & Activities

[clubs.humboldt.edu](http://clubs.humboldt.edu)

Over 180 clubs and organizations allow students to pursue a variety of activities. Clubs and organization involvement are a great way to explore your classroom knowledge and skills within a co-curricular environment. For a complete listing and further information, go to [clubs.humboldt.edu](http://clubs.humboldt.edu) or call the Clubs Office in the University Center at 707-826-3776. For recreation/sport clubs, go to [recsports.humboldt.edu](http://recsports.humboldt.edu) or call 707-826-6011.

**Community Service**  
(see Center for Community Based Learning and Youth Educational Services)

**Computers**  
(see Resources for Research)

**Counseling & Psychological Services**  
(see Health & Wellbeing Services, Student)

**Cultural Centers for Academic Excellence (CCAEE)**  
ccaee.humboldt.edu

We are culturally based support programs designed to provide HSU students with networks that blend cultural, community and faculty engagement with structured mentoring to assist students in reaching their academic and career goals.

The mission of the Cultural Centers for Academic Excellence is to empower students as they navigate successful pathways through college in a way that honors, preserves and sustains diverse cultural value systems. Our programs, services, and mentoring promote the individual and academic advancement of our students in a culturally welcoming and dynamic environment.

The goals of CCAEE are:

- To create community-centered environments and opportunities that stimulate learning, academic engagement and student leadership.
- To assist students in leveraging the various academic and social resources and opportunities on campus and off campus.
- To facilitate cross-cultural learning experiences across campus.
- To support identity development within a culturally grounded framework.

For more information, ccae@humboldt.edu, ccae.humboldt.edu/ or call 707-826-4589.

**African American Center for Academic Excellence (AACAE).** The mission of the AACAE is to cultivate, coordinate and contribute to institutional efforts to support Humboldt State University students that identify as African American, Black, and/or of African descent. Through social and academic programming, campus collaborations, and a commitment to advancing the rich cultural and intellectual heritage of the Black community and the African diaspora, the AACAE provides students with institutional knowledge and advocacy, quality

support services, as well as opportunities for leadership and identity development.

Five pillars: **Educate, Innovate, Elevate, Advocate, and Celebrate.**

The Center's programming educates the campus community about the Black diasporic experience. Through guest lectures, films and programming, we add to the intellectual landscape on campus. We also recognize that Humboldt State is a uniquely situated campus with many traditions. The AACAE is a new space and we honor those traditions while exploring innovative ways to support HSU students and the campus community. The Center is part of a larger campus-wide effort to elevate the campus climate. We contribute to existing and developing efforts to make the campus more welcoming and inclusive. The Center staff operates with an orientation towards service leadership. We may not always have a solution to your problem, but we will look for ways to help and advocate for students. We also recognize how important it is to acknowledge student achievements and will seek to celebrate student accomplishments and Black culture more generally.

For more information, aacae@humboldt.edu, aacae.humboldt.edu, or call 707-826-4588.

**Latinx Center for Academic Excellence (LCAE).** The mission of Latinx Center for Academic Excellence (aka El Centro Académico Cultural) is to be a space, a strategy, and a community that works with all students in navigating pathways to success that honors and respects their cultural and historical trajectory. The LCAE is committed to student success with a responsive approach, which includes the development of academic, intellectual, personal, and professional growth, by providing an open space of encuentro (encounter) where students explore and express shared values, differing experiences, distinct histories, and multi-dimensional identities to foster powerful individuals and communities.

The LCAE strives to provide programming that is relevant and responsive to students' needs. Check out the space and meet the student staff to learn more about our cultural, academic, personal, and professional programming geared toward empowering students to succeed at HSU and beyond.

**Promotorx Model** (peer mentorship). We employ a community-centered strategy to engage with students to develop approaches that nurture the strategies that will help students navigate the field of higher education successfully. In our context the strategy is focused on the students' academic well-being as well as their health. We do this by

both using this student peer-mentorship model and by facilitating mentorship relationships between student and faculty.

**Ateneos.** Ateneos are cultural spaces that bring individuals together to increase their knowledge on scientific, literary, and artistic topics to enhance students' personal, socio-cultural, intellectual and professional growth. In our context, we reclaim the ateneo as an open critical space of encounter committed to facilitating learning and convivial research.

**Apapacho (well-being and self-care).** At the center, we employ apapacho to foster student growth in a holistic manner that takes into consideration students diverse needs. Apapacho is a nauhatl word that at its root means, "to give care" it can also be understood to mean, "To hug or caress with your soul." At the Centro we strive to offer our students relief, comfort, and affection, in all aspects that entail apapacho which include the physical, emotional, mental, and spiritual wellbeing.

For more information, lcae@humboldt.edu, lcae.humboldt.edu or call 707-826-4590

**The Indian Tribal & Educational Personnel Program (ITEPP)** established in 1969 and the Cultural Resource Center (CRC) are core to the Native American Center for Academic Excellence.

ITEPP staff provide culturally relevant advising, educational planning & course mapping, facilitate tribal partnerships with HSU, participate in the CSU Native Initiative Statewide planning and strategies, design culturally pertinent student led programming, support tribal language initiatives, advocate for student needs and nurture an environment for academic success. The CRC is a public lending library devoted to expanding awareness of relevant issues facing tribes. The library has classroom ready curriculum, books and videos that range from art, boarding schools, sovereignty, children's and adult literature, education, history, natural resources, botany, and stereotypes. For more information, email hsuitepp@humboldt.edu or call 707-826-3672.

**The MultiCultural Center (MCC)** is a student-centered program that honors and celebrates the diversity of people. Supported by Associated Students, it is a dynamic learning community where students, faculty, staff, and community members are empowered to cross boundaries, challenge the status quo, break through stereotypes, and work for social justice.

Often referred to as a "home away from home," the MCC is located on the south side of the Library in the historic Balabanis family

home (House 55). The MCC is a welcoming and safe place where students can find opportunities to:

- Explore identity and history;
- Experience cultures and traditions;
- Build community and network;
- Express feelings and ideas; and
- Empower and educate each other to work for social justice.

For more information, call our main desk at 707-826-3364, the coordinator, Frank Herrera, or visit our website [mcc.humboldt.edu](http://mcc.humboldt.edu).

## Dining Services

[dining.humboldt.edu](http://dining.humboldt.edu)

Dining services at Humboldt offer students, faculty, and staff a number of options to satisfy their dining needs. For more in depth information, please see [dining.humboldt.edu](http://dining.humboldt.edu).

The **Jolly Giant Dining Commons** (“the J”) serves as the main dining facility for students living in the residence halls. Service is cafeteria style for breakfast, lunch, and dinner from Monday through Friday, and brunch and dinner on weekends. Special efforts are made to meet diverse student needs: vegetarian and vegan entrées at every meal, a build-your-own salad bar, fresh fruit, desserts, and a variety of snack items.

In addition to the J, **The Giant’s Cupboard**, a convenience store located in the Jolly Giant Commons, is open seven days a week. The Cupboard offers numerous beverages and snack items, frozen foods, sandwiches, and food staples.

**The Depot**, a food court setting, serves the main campus as well as resident students. The Depot offers made-to-order sandwiches, a Mexican burrito bar, salad bar, pizza, assorted bottled and fountain beverages, burgers, fresh soups, espresso, and specialty coffees. Several local products are featured at The Depot.

**Windows Café** offers full table service and is open Monday through Friday at lunchtime. The menu highlights local and seasonal ingredients.

**College Creek Marketplace** is a mini grocery store located at the corner of Harpst and Rossow Streets. College Creek Marketplace offers pizzas, broasted chicken, made to order sandwiches, salad and fruit bar, snacks, coffee, espresso, and other beverages, as well as school and test supplies for students.

The **Library Café**, part of HSU’s Learning Commons, provides a modern café setting

for those studying in the library. The café serves hot beverages (including tea, coffee, and espresso), fresh snacks, salads, and sandwiches. The relaxed atmosphere includes a variety of seating options — from sofas to stools — where students can relax, study, recharge their cell phones or laptops, and enjoy wireless Internet access.

**Meal Plans.** Students living on campus (with the exception of Campus Apartments and College Creek) are required to purchase a meal plan. Three options provide flexibility to accommodate individual needs. All plans are à la carte, which means students pay only for what they eat. Purchases are electronically deducted from a student’s account when using a student ID card.

Each meal plan contains a different amount of meal points that can be used at any of our campus dining operations. This provides students maximum flexibility with their meal plans. Students living off campus may also purchase meal plans.

For answers to questions about any of the dining services locations or meal plans, call 707-826-3451 or email director Ron Rudebock, [rlr4@humboldt.edu](mailto:rlr4@humboldt.edu); or visit our website at [dining.humboldt.edu](http://dining.humboldt.edu).

## Disability Resource Center, Student (SDRC)

[disability.humboldt.edu](http://disability.humboldt.edu)

The **Student Disability Resource Center (SDRC)** provides service, support, and resources for students with disabilities to maximize educational opportunities at Humboldt State University. We serve both permanent and temporary disabilities and can offer a variety of reasonable accommodations and academic adjustments to meet the access needs of qualified individuals. To learn more about our program and to see if you may be eligible for reasonable modifications, please contact the Student Disability Resource Center located in the Campus Events Field Building 6, or call us at 707-826-4678, 707-826-5392 (TDD), 707-826-5397 (FAX).

## Dormitories (see Housing & Residence Life)

### Exchange Programs

You may be eligible for financial aid while participating in an approved exchange program. Arrangements must be made with the Financial Aid Office prior to departure.

**National Student Exchange.** HSU no longer participates in the National Student Exchange program. We will no longer recruit

and place HSU students at other campuses, nor will we accept students from other campuses through this program.

**Intrasystem Enrollment Programs.** See Admission Information section.

**Study Abroad Programs & California State University International Programs.** See “Study Abroad Programs.”

## Extended Education & Global Engagement (CEEGE)

[extended.humboldt.edu](http://extended.humboldt.edu)

**Open University.** Enrollment through Open University allows one to sample regular university courses, get a head start on college while still in high school/ community college, continue education while establishing residency, or renew student eligibility.

Participants select courses from the regular schedule of classes and complete an extended education registration form. If space is available at the first class meeting, they have the instructor and departmental office sign the form, then return the form and pay the fees at the College of Extended Education and Global Engagement (Student & Business Services Building, Room 211.)

Humboldt’s undergraduate programs accept up to 24 units; graduate programs up to nine units. Open University is not available to matriculated students (those officially admitted to and eligible to register at HSU during the current semester or the previous two semesters). Also, regularly enrolled students who are academically disqualified from HSU are not eligible to enroll in coursework through Extended Education and Global Engagement for the academic year.

The **College of Extended Education and Global Engagement** offers (with no admission requirements) courses and programs for professional and personal development, for meeting professional licensing requirements, or for maintaining health and physical conditioning. Some Extension courses are available for optional academic credit, others are offered on a non-credit basis. Most courses are taught live, but many are available online.

Courses range from teacher skill enhancement to organic gardening, from music to foreign languages. Register and pay fees at the College of Extended Education and Global Engagement, Student & Business Services Building. For the coming semester’s *Extension Bulletin*, call 707-826-3731.

## EOP & Student Support Services

sss.humboldt.edu

The Educational Opportunity Program and Student Support Services (EOP/SSS) provide admissions assistance and academic support for low-income and first-generation college students. The program is designed to improve access and retention of historically low-income and educationally disadvantaged students.

Once admitted into the EOP or Student Support Services program, students receive academic and financial aid advising, tutoring, learning skills assistance, mentoring, and participate in academic enrichment activities designed to enhance academic success.

The EOP application is included in the Cal State application available at [calstate.edu/](http://calstate.edu/) apply. Application also requires the submission of two recommendation forms.

Students who do not qualify for admission to the university may be recommended for special admission through EOP. Only a limited number can be admitted through EOP, so those with the greatest need for program services are selected.

Students who complete the EOP application are automatically evaluated for eligibility and admission to the Student Support Services program. For separate application information, see the Student Support Services webpage at [sss.humboldt.edu](http://sss.humboldt.edu)

### Financial Aid (see Fees & Financial Aid)

### Forever Humboldt

forever.humboldt.edu

Forever Humboldt is Humboldt State's version of an alumni association, and it's not just for alumni. It's a dues-free association for the whole Humboldt State family—alumni, students and their families, faculty, and staff.

After graduation, you'll be able to stay connected with HSU and other Forever Humboldt members through Humboldt magazine and the monthly alumni newsletter. Plus, as a Forever Humboldt member, you'll keep your HSU Library privileges and receive exclusive discounts with many vendors. You'll also have access to events, career services and resources, the alumni directory, free and discounted educational opportunities, and more.

## Foster Youth: ELITE Scholars

ELITE (Excelling and Living Independently Through Education) Scholars is a support program for former foster youth attending Humboldt State University. ELITE Scholars provides a structured program that embraces liaisons from seven university departments from Admission, Educational Opportunity Program/Student Support Services, Disabled Support Services, Counseling & Psychology Services, Financial Aid, Registrar and Housing. For more information call 707-826-5197 or email [abc1@humboldt.edu](mailto:abc1@humboldt.edu).

## Government, Student

[associatedstudents.humboldt.edu](http://associatedstudents.humboldt.edu)

**Associated Students (AS).** A student who pays the student association fee is a voting member of the Associated Students and is eligible to hold office in student government, serve on university committees, participate in club activities, and receive student discounts.

Students are represented by the Associated Students Council (ASC). Its members are elected each spring and include representatives from each of the three colleges, two at-large representatives, an environmental sustainability representative, a social justice and equity representative and a graduate student representative. Students also elect a president and three vice presidents. Terms are for one year: The ASC also appoints three council advisors: external affair representative, AS Presents representative and the Elections Commissioner. The ASC is committed to "furthering the educational, social, and cultural interests of Humboldt students, as well as ensuring the protection of student rights and interests."

One chief ASC responsibility is administering the annual budget, derived from student fees. More than 20 programs receive funds from the Associated Students, including the Campus Center for Appropriate Technology, the Marching Lumberjacks, the Children's Center, club support, drop-in recreation, and the MultiCultural Center. ASC also provides travel funds and grants to recognized clubs for on-campus events.

The ASC meets regularly in open session. To become involved, drop by the Associated Students Office in the South Lounge of the University Center; call 707-826-4221.

**Serving on Committees.** Thirty-nine university committees have students as voting members. To serve on a committee, contact

the AS office early in the academic year. The *Committee Handbook*, published by the AS, lists committee openings.

## Health & Wellbeing Services, Student

[wellbeing.humboldt.edu](http://wellbeing.humboldt.edu)

Student Health & Wellbeing Services consists of Medical Services, Counseling and Psychological Services, and Health Education. Student Medical Services and Counseling and Psychological Services (CAPS) at HSU are fully-accredited, including a medical clinic with lab, pharmacy, x-ray services, and a team of mental health professionals. Our licensed medical professionals include physicians, nurse practitioners, registered nurses, medical assistants, clinical laboratory scientists and a radiological technologist. Our professional mental health providers include licensed psychologists and marriage and family therapists, as well as therapists fulfilling professional training at our site (e.g., postgraduate residents and practicum trainees). In our Recreation & Wellness facility, our Health Education team and the Peer Health Educators focus on health-promoting fun activities for students. For more information, including clinic hours, see [wellbeing.humboldt.edu](http://wellbeing.humboldt.edu)

Student Health & Wellbeing Services is mainly funded by the required Health Services fee, paid as part of tuition. Services are provided to regularly enrolled and IELE students. Although most medical services are free, some services and supplies require a fee. There is also a fee for missed appointments and late cancellations.

**Student Medical Services** include:

- Diagnosis and treatment of acute illness and injuries;
- Reproductive health services;
- Immunizations (additional fee may be required); Measles and rubella (MR, MMR) and hepatitis B immunizations are available for a charge to eligible students who are required to have these immunizations as a condition of enrollment (see "Immunizations & Health Screening" in the Admission Information section).
- Health education;
- Pharmacy, laboratory, and X-ray (additional fee may be required);
- Limited elective services, such as psychiatric consultation, physical examinations for employment on campus (additional fee may be required);
- Referral to outside medical specialists and facilities for complex and chronic health problems;

- Free after-hours nursing advice line 877-256-3534.

Services not available include: dental and vision care and long-term care of chronic illnesses and conditions.

Students with chronic physical or psychiatric conditions, such as ADHD, are strongly advised to obtain local care (if necessary) prior to coming to campus, as these services are limited in the community and not available on campus.

**Emergency Services.** In case of emergency and when the Health and Counseling Center is closed, there is a hospital approximately two miles north of campus with a 24-hour emergency room. Call 911 for emergency services.

**Insurance.** We strongly recommend that students have supplemental health insurance for services beyond the scope of Student Health and Counseling, such as emergency room care, ambulance service, hospitalization, and outside specialist care. Students who do have insurance are advised to check with their carriers to determine the coverage of their plan while they are at HSU.

**Counseling & Psychological Services (CAPS).** CAPS is located in Student Health and Counseling (SHC) Building, as well as at BSS 208, offers confidential services for short-term mental health issues. CAPS services include:

- Emergency intervention and urgent care;
- Individual, couples, and group therapy;
- Psychoeducational workshops;
- Consultation and referral;
- Support and wellness groups.

Counseling services are available for regularly enrolled HSU students, and under certain circumstances (e.g. for couples therapy), the non-student partner/spouse of an HSU student (for a supplemental fee). Call 707-826-3236 or come to the office (Student Health and Counseling [SHC], Room 205, second floor) during open hours. Bring your student ID card. For additional information visit our website at [counseling.humboldt.edu](http://counseling.humboldt.edu).

**Emergency Counseling Support.** CAPS has an on-call therapist available for emergencies (such as having the intent to commit suicide, to act violently toward someone else, or having recently experienced a trauma) available by phone 707-826-3236. For mental health emergencies, students can also opt to call the crisis line of Humboldt County Mental Health at 707-445-7715. For police assistance in an emergency, students should call 911.

**Health Education.** Health and wellness are crucial to the success of our students. We offer the following online and on-campus resources.

**The Interactive Wellbeing Map** is an online tool designed to help students with making connections, finding community, and building a healthier life at Humboldt State University. Designed in Canvas, a cloud-based learning management system, the Map is a guide to building a foundation of wellness and health and brings together in one location all the resources available on our campus. See [wellness.humboldt.edu](http://wellness.humboldt.edu) for more information.

The **Peer Health Education Program** provides peer to peer health education on topics such as sexual health, alcohol and other drugs, mental health & wellness, and physical wellness. The student staff are passionate about educating and empowering their peers to make their own choices about how to live healthy lives. The Peer Health Educators host outreach events and workshops, and provide one-on-one consultations, health and wellness resources, and free safer sex and menstruation supplies. Learn more at [healtheducation.humboldt.edu](http://healtheducation.humboldt.edu) and follow us on Instagram @hsuphe.

**Oh Snap! Student Food Programs** is a student-driven initiative dedicated to ending student hunger by providing all HSU students access to nutritious free and low cost food and connections to community resources. We offer free non-perishable food (campus food pantry), free fresh fruits and vegetables (weekly farm stand), CalFresh application support, nutrition education, cooking and gardening classes, and a new pop-up thrift store. Follow us on Instagram @hsuohsnap

**Clinical Peer Education.** Students are able to see clinical peer educators for consultations and help with hassle free STD/STI testing, birth control, emergency contraception, and safer sex supplies. Appointments can be made online using the health portal [wellbeing.humboldt.edu](http://wellbeing.humboldt.edu).

## Housing & Residence Life

[housing.humboldt.edu](http://housing.humboldt.edu)

**On-Campus Housing.** Humboldt State University is a residential campus. Most Humboldt students come from long distances, and many reside on campus their first and second years.

Life on campus is much more than studying, eating, and sleeping. The residence halls offer a place to live and learn, make lifelong friendships, and experience community living. Students get involved in social and educa-

tional programs, serve in leadership positions with the residence hall student government, and participate in special living communities.

The benefits of living on campus are numerous. Studies show that students living in residence halls get better grades, are more active in academic activities, and have a higher graduation rate than the general university population. Another benefit is convenience. Campus residents don't have to spend time commuting to school, and they are close to resources such as the library, recreational facilities, and classrooms. Living on campus is a great way for students to begin their academic careers.

Humboldt's facilities, located in a spectacular natural setting, consist of six different residence hall living areas. Each is unique and provides various options for individual styles and personal preferences. All rooms are equipped with computer connectivity and each student may connect to the Internet via the campus's computer network or wireless access.

**Redwood and Sunset Halls**, known as "The Hill," are traditional residence halls. Each of the three-story buildings houses 225 students in double, single, and triple rooms.

The **Canyon** consists of eight separate buildings, each three stories and home to about 50 students each. There are doubles, singles, triples, and four-person suites.

**Cypress Hall** is a series of suites built up the slope of a hillside. Each suite houses 7-12 people in double and single rooms and has a common bathroom, living room, and small kitchen.

**Creekview Apartments and Suites** consist of four three-story buildings, each home to 12 apartments and suites. Each apartment houses 6 students in double and single rooms and has a kitchen, living room, and bathroom. Each suite houses 6 students in double and single rooms and has a mini-kitchenette, living room, and bathroom.

The **Campus Apartments** are home to 220 students in a four-level complex. Each apartment has two rooms with private entrances that share an adjoining kitchen. Rooms house either one or two residents and have private bathrooms.

**College Creek** includes a community center and convenience store, lounge, and four apartment buildings housing 453 students. Four to six students live in each apartment in double, bunk bed double or single rooms with two bathrooms, kitchen, and living room.

Each residence hall room comes equipped with a bed, mattress pad, desk, chair, dresser, carpet, wastebasket, recycling

container, and window covering. Traditional rooms (non-suite, non-apartment) come with a mini-refrigerator and a microwave. All rooms come with complimentary Wi-Fi with free streaming movies. Students must provide their own linens, towels, pillow, blankets, study lamps, and personal items.

Students living in the residence halls (with the exceptions of Campus Apartments and College Creek) are required to purchase a meal plan (see "Dining Services").

**What does it all cost?** Rates will be finalized and posted online in February. Information on current rates can be found online at [housing.humboldt.edu](http://housing.humboldt.edu).

**Applying for on-campus housing is easy!** The housing application process begins the last week of February for the upcoming academic year. It begins in late October for the spring semester only. Housing will send an email to all admitted students when the online application is available. More information on the housing application process is available online at [housing.humboldt.edu](http://housing.humboldt.edu). For additional information contact Housing, 355 Granite Ave., Arcata CA 95521, call 707-826-3451, or email [housing@humboldt.edu](mailto:housing@humboldt.edu).

**Off-Campus Housing.** Most off-campus students live in Arcata. Housing provides information and links to online listings of available local housing at [housing.humboldt.edu/resident-resources/off-campus](http://housing.humboldt.edu/resident-resources/off-campus).

### **Indian Natural Resources, Science & Engineering Program (INRSEP) + Diversity in STEM**

The Indian Natural Resources, Science & Engineering Program + Diversity in STEM (INRSEP+) provides academic and research support to students from groups historically underrepresented in science, technology, engineering and mathematics fields with an enhanced focus on American Indian students. INRSEP serves students by connecting them to research opportunities, providing academic and career counseling, assisting with entrance into graduate programs, and fostering an inclusive and supportive learning community within the INRSEP house. INRSEP+ is the home of the Louis Stokes Alliance for Minority Participation, a graduate school preparation program, at HSU.

### **International Study (see Study Abroad Programs)**

## **Intramural Sports**

Humboldt State's Intramural sports program offers HSU students, faculty/staff, and community members the opportunity to participate in recreational sports on HSU campus Monday through Thursday evenings and Sunday afternoons. Offering leagues and activities ranging from recreational to competitive play, Intramural sports aims to create a welcoming and safe environment for people of all skill levels and abilities. Participation in the program allows students to meet new people, learn new sports, test one's physical ability, and just have fun. Sports include softball, flag football, dodgeball, volleyball, basketball, and soccer. We also provide drop-in activities (sponsored by Associated Students) such as lap swimming, badminton, soccer, volleyball, pickleball, and basketball. All intramural activities are free for full-time HSU students (faculty and staff pay a fee). For more information, please call 707-826-6011.

## **Learning Center**

[learning.humboldt.edu](http://learning.humboldt.edu)

The Learning Center, located on the first floor of the Library, offers comprehensive skill development and tutoring services to support student success in the classroom. Tutoring services include individual and group writing assistance, drop-in math and science tutoring labs, general tutoring by appointment, and supplemental instruction. Staff also provide support for study and organizational skills, such as time management, note taking, test preparation, and college reading. Office hours are Monday - Friday, 9 a.m. - 5 p.m.; some programs have evening and weekend hours as well. For more information, call 707-826-5217 or visit [learning.humboldt.edu](http://learning.humboldt.edu).

The **General Tutoring Lab** provides free peer tutoring for more than 50 lower-division and select upper-division courses on an appointment basis. Check the Learning Center website for a current list of courses. All peer tutors are recommended by faculty and must have earned an A or B in target courses.

The **HSU Writing Studio**, located on the Library first floor, offers free assistance with writing projects and standardized writing examination preparation. Trained peer consultants work with writers from all majors at all phases of the writing process, including brainstorming, organizing, and revising. To schedule an appointment and view our drop-in schedule, visit our website: [learning.humboldt.edu/writing-studio](http://learning.humboldt.edu/writing-studio). Email-based consultations are available for distance learners.

The **Math Tutoring Lab** is a walk-in tutoring service where students can receive assistance with mathematical problem solving free-of-charge. Visit the Learning Center website for current schedule and a list of math courses for which tutoring is available.

The **Science Tutoring Lab** offers drop-in tutoring for many lower-division and select upper-division science courses. Check the Learning Center website for a current schedule.

**Supplemental Instruction (SI)** provides specialized peer support for students in rigorous core science and math courses from several departments in the College of Natural Resources and Science. Weekly sessions are designed to help students develop course-specific academic and study skills while reviewing course content. To participate, students register for the SI course prior to the start of the term through the enrollment section of Student Center. For more information, contact the Learning Center, 707-826-5217, or visit the Learning Center website.

## **Library**

[library.humboldt.edu](http://library.humboldt.edu)

**Transforming the Learning Environment.** H HSU Library is committed to its mission of connecting people and ideas, supporting research and scholarship, and inspiring learning through discovery, inquiry, and creativity. HSU Library joins and leads the evolution of university libraries to support research and scholarship with collaborative workspaces, access to equipment and technology, digital publishing, internships, workshops, and a variety of services. Building creative learning environments and curating meaningful experiences is essential to student success and for a sustainable intellectual and entrepreneurial culture.

The Library continues to create dynamic new spaces. All students are encouraged to access the Digital Media Lab & Makerspace, Humboldt Scholars Lab, Special Collections and Archives. The Library also provides many collaborative spaces to facilitate group work and peer to peer learning.

**Services.** Students have access to research help via in-person meetings, 24/7 chat, and the Library website ([library.humboldt.edu](http://library.humboldt.edu)). Librarians staff the Research Help Desk in the Library, Sunday through Thursday, and can assist students in finding resources for research, choosing topics for papers, learning to download ebooks, or evaluating the reliability of sources. Librarians create online research guides for every department, with

contact information and research tips. Every college has their own librarian who can help with in-depth research assignments in students' subject areas. If we don't have what you are looking for, Interlibrary Loan can obtain needed books, journal articles, and more, free of charge.

The **Library Checkout Desk** makes it easy for students to conveniently access the materials they need to succeed. Along with over half a million print books and e-books, students can check out textbooks, laptops, graphing calculators, and digital media equipment including; video cameras, 360 cameras, virtual reality goggles, phone chargers, and microphones.

**Public Programming & Exhibits.** The Library showcases faculty, student, and staff art and scholarship through a variety of events and programs promoting cultural awareness and lifelong learning. Annual student events in the Library include: IdeaFest, Library Lifelong Learning Lounge (L4HSU), SkillShops, Authors Hall Celebration, History Day, Sculpture Walk, book/poetry readings, HOP receptions, and traveling exhibits. Visit the Library website for more details.

**Student Scholarship.** There are many opportunities to participate in scholarship and advanced research in the Library. Located on the third floor, the Humboldt Scholars Lab is a place dedicated to fostering collaboration between HSU students and faculty in advanced studies or digital humanities and scholarship projects that require consultation, planning, and technology. The Library Scholar Internship program provides students an opportunity to learn professional skills that they can apply once they graduate.

The **Digital Media Lab (DML)** provides the tools, training and software to edit video and images, build websites, and other digital media. New technology facilitates new ways to tell stories and innovative ways to think about the world around us. The DML hosts events and competitions to stimulate the imagination and boost student confidence and interdependence. Makerspace 3D printing and other creative opportunities are available throughout the year.

HSU Library's **Special Collections and Archives** connect our present with our past by providing research assistance and instruction in the use of primary sources, advanced research, and digitization projects. At the same time, we are carefully curating and digitizing the growing archives of historical materials focused on HSU and Humboldt County. Students and researchers from around the world utilize the Library's

Special Collections to explore the history of Humboldt State University, local natural resources, Native peoples, and primary industries from our extensive collections that make this unique research possible. Special Collections houses historic maps, photographs, rare books, and manuscript collections that cannot be found anywhere else.

**Humboldt State University Press** publishes a broad scope of print and electronic publications, including books, journals, conference proceedings, and open textbooks. The mission of Humboldt State University Press is to publish high-quality scholarly, intellectual, and creative works of regional interest, to support lowering the cost of a college education, and to foster the development of a sustainable academic friendly publishing model.

## Music

The Music Department presents active and varied seasons of concerts and recitals. Performance groups include the Humboldt Symphony, Wind Ensemble, Jazz Orchestra, Humboldt Chorale, University Singers, Madrigal Choir, Mad River Transit Singers (vocal jazz), Opera Workshop, Percussion Ensemble, Calypso Band, and Jazz Combos. Audiences also enjoy student recitals, guest artist recitals, and a faculty artist concert series. Please visit our website for more information on our ensembles, major/minor programs, scholarships, and our upcoming performances: [music.humboldt.edu](http://music.humboldt.edu)

## Natural History Museum

The HSU Natural History Museum is a learning laboratory for students interested in any of the many facets of museum work. Located three blocks from campus at 1242 G Street, the museum houses a magnificent fossil collection and regional natural history displays. The fossil exhibits cover the Precambrian period to the present.

The regional natural history exhibits include redwood forest ecology, native bees, biodiversity, rocks and minerals, insects, and marine life. Many hands-on exhibits make the museum a popular destination for all ages. The museum also houses the Museum Store, which carries many nature-related books and gifts.

Humboldt State students from majors including biology, geology, wildlife, anthropology, elementary education, environmental management and protection, art, journalism, and business, gain experience at the museum. They are involved through volunteering, internships, teaching youth programs, special projects for course credit, and

artwork for publications and exhibits among other jobs. Many HSU students are trained as education interns to lead programs for visiting school groups.

Humboldt opened the Natural History Museum in 1989 thanks to a generous gift by Wells Fargo Bank. The museum and its store are open to the public Tuesday through Saturday, 10 a.m. to 5 p.m. Visit the museum website at [humboldt.edu/natmus](http://humboldt.edu/natmus) to see museum news and upcoming activities and events.

## Ombuds Office

[president.humboldt.edu/ombuds](http://president.humboldt.edu/ombuds)

If there's a problem a student can't work out with an instructor or staff member, an ombudsperson serves as an impartial mediator to settle disputes. Students should try to resolve conflicts by talking with the instructor (or staff member) and then, if necessary, discussing the problem with the department chair or college dean.

If a problem remains unresolved, the student may contact an ombudsperson. Please refer to the Ombuds Office website at: [president.humboldt.edu/ombuds](http://president.humboldt.edu/ombuds) for more information.

## Orientation

**Freshman Orientation** is a required, on campus program for incoming students. Orientation welcomes students to the campus and surrounding community and provides a strong foundation for a successful experience at HSU. All new students go through an online registration tutorial where they learn the basics of class registration and get connected to an advisor. During orientation, students work together in large and small groups in order to become more familiar with the campus, its resources, and one other. Peer group sessions orient new students to academic regulations, degree requirements, and to the registration process. Students also meet with faculty and staff who assist them with academic advising and schedule planning. Families of new students are encouraged to attend the HSU family and guest orientation which offers support to families during students' transition to college. Campus tours, receptions with HSU representatives, and special workshops are available to those who choose to register. Information is sent to all admitted applicants. Further questions may be directed to the Dean of Students Office at 707-826-3504, or online at [admissions.humboldt.edu/orientation](http://admissions.humboldt.edu/orientation).

## Parking & Commuter Services

[parking.humboldt.edu](http://parking.humboldt.edu)

Many students, living on campus or off, get around without a car. Downtown Arcata, restaurants, shopping centers, health care services, and many apartments are within easy walking distance of the campus. Because parking is at a premium, commuting to campus is often easier for those who walk, bicycle, or ride the bus.

Except for parking meters, campus parking requires a permit, purchased by the semester or the day. See "Fees at Humboldt State University" for dollar amounts.

Visitors may obtain a parking permit from the drive-up window service at the Parking Booth located on the north end of Rossow Street. Parking permit dispensers are also located in the parking lots at Harpst and Rossow Streets, 14th and Union Streets, JGC lot, and 17th and Union Streets. One additional permit dispenser is located in the Library parking lot but doesn't begin operating until 4:45 p.m., as this is a "Staff Only" lot until 5 p.m. Semester-long parking permits for motorcycles and mopeds are only one quarter of the cost of automobile permits.

**Commuter Services.** The university and local governments have encouraged alternatives to cars by establishing bicycle lanes, mass transit, carpool services and more. For information, visit [parking.humboldt.edu](http://parking.humboldt.edu), call 707-826-3773 or email [parking@humboldt.edu](mailto:parking@humboldt.edu).

**Jack Pass Bus Program.** A portion of every student's registration fees subsidizes Humboldt State University's Jack Pass program. This program provides all HSU students, with a current ID card, unlimited free rides on the city's Arcata & Mad River Transit System, the county's Redwood Transit System, and the city of Eureka's Eureka Transit System. Between these three bus systems, a student can ride between the communities of Trinidad, in the north, to Scotia, in the south, and throughout the cities of Arcata and Eureka. Riders may take their bicycles on the Redwood Transit System buses. For details, go to Humboldt Transit Authority's website at [hta.org](http://hta.org).

**Bicycles.** Bicycles are very popular in Arcata and on campus, where more than 800 bicycle racks are available. The Bicycle Learning Center and the Campus Center for Appropriate Technology periodically offer free bicycle maintenance workshops. The city of Arcata officially encourages bicycling. A bicycle license may be purchased at the Arcata Police Department, 707-822-2428.

Zagster Bike Share is a convenient and economical transportation option for trips around campus or to Arcata. Bike stations are located on campus at Harry Griffith Hall and Jolly Giant Commons. For more information see [bike.zagster.com/arcata/](http://bike.zagster.com/arcata/)

**Car Pools and Ride Sharing.** Humboldt State has partnered with Zimride, to offer a private ridesharing network for students, staff, and faculty, to help people find others who share their commute. Visit [zimride.com/humboldtstate](http://zimride.com/humboldtstate) for more information.

For ride sharing out of the area, a ride board allows drivers and riders to find each other; a service particularly useful during holiday times and weekends. The board, located in the Jolly Giant Commons, has a large map of destinations divided into several regions.

**Car-Sharing Program.** Humboldt State has partnered with Zipcar to bring two rentable cars to campus. Cars are available on-demand 24/7, to be reserved by the hour or day. Visit [humboldt.edu/green/resources/zipcar.php](http://humboldt.edu/green/resources/zipcar.php) for more details.

**The Homeward Bound Bus Charter Program** provides students with discounted round-trip transportation from Arcata directly to San Francisco or Los Angeles. For more information visit [parking.humboldt.edu/homeward-bound-program](http://parking.humboldt.edu/homeward-bound-program).

**Air Travel.** Humboldt County has a full-service airport (the Arcata/Eureka Airport) located north of campus in McKinleyville (about a 15-minute drive from campus). United Express is the airline serving this region.

### Performing Arts (also see Art, Music, or Theatre, Film, and Dance)

**CenterArts/University Ticket Office,** Humboldt State's performing arts presenter, is hailed as the region's most exciting arts organization. People on the North Coast can fill their nights with the inspiration and excitement of live music, theatre, and dance.

High quality professional performances by nationally-recognized artists encompass the classical, the traditional, the contemporary, and the experimental. World-class entertainers such as Eddie Izzard, Willie Nelson, Brandi Carlile, Ziggy Marley, Mike Birbiglia, and Stomp have performed and given workshops for students and the public. Students receive discounted tickets, opportunities to meet the performers, and the rare experience of enjoying urban arts experiences in a rural setting.

CenterArts ([centerarts.humboldt.edu](http://centerarts.humboldt.edu)) publishes an annual brochure describing the season's selection of art events. Newsletters

and calendars are mailed throughout the year. To join the mailing list, call 707-826-4411.

The **University Ticket Office**, located in the University Center, provides ticketing services for all CenterArts and HSU Music and Theatre, Film & Dance Department productions. The University Ticket Office also provides copy services. Call 707-826-3928 for more information.

**Community Events.** Humboldt County is rich in cultural activity, with performances and exhibits throughout the county each month. The Dell'Arte Players, an international touring company, is based in nearby Blue Lake. Community actors have established theatre companies in Arcata, Eureka, and Ferndale. Local musicians play to fans of classical, rock, jazz, and folk music, while art exhibits, craft fairs, and cultural festivals abound year round. The Eureka Symphony is a regional community orchestra that includes many former HSU students and faculty members.

**AS Presents** is an Associated Students Program that offers the University community entertainment and programming for students including, but not limited to, lectures, concerts, film screenings, workshops, comedy shows and festivals.

### Police, University [police.humboldt.edu](http://police.humboldt.edu)

Humboldt State's University Police Department maintains a safe and secure environment for the Humboldt State community 24 hours a day, 365 days a year.

The California POST certified and professionally trained staff protects life and property. They oversee crime prevention, participate in emergency planning, and provide general campus security. Their duties also include criminal and traffic investigation, law enforcement, escorts of valuables and equipment, reporting of safety hazards, assistance to motorists, and assistance to other law enforcement and social service agencies.

Crimes and incidents posing threats to the campus community are communicated by way of electronic messaging and web-based communication, crime alert bulletins posted throughout campus, the campus newspaper, the campus radio station, newsletters, and through appropriate meetings. The Campus Security Policy & Campus Crime Statistics Act establishes a minimum standard for disclosure of crime statistics. This report can be accessed online at [police.humboldt.edu/clery-act-report](http://police.humboldt.edu/clery-act-report).

## Publications

**Center Activities** magazine, printed every semester, is a comprehensive catalog of recreation and leisure programs offered through Center Activities. For a free copy, call 707-826-3357.

CouRaGeouS Cuentos is a journal of counter narratives written and published by students out of the Department of Critical Race, Gender & Sexuality Studies (CRGS).

**El Leñador** is the student-run, English/Spanish, monthly newspaper serving the Latinx and diverse communities on and off campus. *El Leñador* was founded in 2013 and has received numerous awards, including "best non-weekly student newspaper in the state." Staff work as writers, photographers, editors, translators, and page designers for the print and online editions. The class is open to all majors. Students can participate for academic credit or volunteer, and do not need to speak Spanish.

**Humboldt** magazine. Campus achievements, alumni updates, and more are featured in the award-winning *Humboldt* magazine, published twice each year by University Advancement. It is mailed to alumni, students, faculty, and staff.

The **Humboldt Journal of Social Relations** (HJSR) is a peer reviewed free online journal published and housed since 1973 in the Department of Sociology at Humboldt State University. This internationally recognized journal produces one annual themed spring edition focused around current issues and topics. While the articles primarily draw authors from the social sciences, the journal has also facilitated interdisciplinary collaborations among authors from the arts, humanities, natural sciences, and the social sciences. View HJSR at digitalcommons.humboldt.edu/hjsr.

ideaFest Journal is a peer-reviewed interdisciplinary journal that publishes the research of students, faculty, and staff of Humboldt State University. The journal grew out of ideaFest, a day-long event celebrating the collaborative research and creative projects of the HSU community.

**The Lumberjack**. The award-winning student newspaper is published weekly by students. Students in any major may learn journalism, editing, photography, layout/design, and advertising by working on the paper. *The Lumberjack* also publishes an online edition each week. University credit is offered along with practical experience.

*The Lumberjack* has won more than two dozen California Newspaper Publishers'

Association awards in the past 20 years, including being named best college newspaper in the state six times. It has also won several Society of Professional Journalists awards.

**Osprey** magazine, published each semester by students in journalism, includes feature-length articles on various subjects and color or black-and-white photography.

**Toyon: Multilingual Journal of Literature and Art**. Students who enroll in ENGL 460 and ENGL 461 publish the annual edition of *Toyon: Multilingual Journal of Literature and Art*. Founded in 1954, the journal publishes across genres of writing and art, including audio recordings and multimedia works. Every year, contributions are considered for a series of awards, such as the Environmental Studies Program Award and the Fuerza Award in Spoken Word, Audio, and Multimedia. For more information, please visit: [www.toyonliterarymagazine.org](http://www.toyonliterarymagazine.org).

## Radio

**KHSU-FM**. KHSU is a community-supported, non-commercial public radio station, located on campus, that broadcasts a diverse mix of programs to a population of about 135,000 people throughout Northwest California and Southwest Oregon.

KHSU provides public radio programming from National Public Radio and other national programs in the fine arts and public affairs. The broadcast can be heard at 90.5 MHz or online at [khsu.org](http://khsu.org).

**KRFH-AM**. The campus carrier-current station, KRFH-AM 610, fully prepares students to apply mass communication principles, regulations, laws, and personal skills in radio. Entirely student operated, KRFH offers an additional outlet for journalism students to present radio newscasts and public affairs programming. KRFH students also program for, and participate in, KHSU.

## Recreation

The **Recreation and Wellness Center** is a campus collaborative effort to centralize activities and services that focus on the physical and mental wellbeing of the student population. The Recreation and Wellness Center is home to Center Activities, intramurals and sports clubs, and the wellness component of the Student Health Center programs.

**Center Activities**. This University Center program offers a variety of recreational opportunities and services for the university community including the Student Recreation Center, the Humboldt Bay Aquatic Center, outdoor adventures, aquatics programs, certification courses, and leisure activities.

The **HSU Student Recreation Center** offers a full range of fitness equipment, weight training facilities, an indoor climbing wall, and a large multiuse indoor turf field. Detailed information on hours of operation, policies, and fees are available online at [humboldt.edu/src](http://humboldt.edu/src).

The **Humboldt Bay Aquatic Center** is located next to the Adorni Center on Eureka's waterfront. The Aquatic Center's purpose is to provide recreation and education opportunities for the HSU campus & local community and to host various events which will enrich the opportunity for off-campus activities. Programs include boating safety classes, Extended Education classes, special events, Center Activities leisure and aquatic classes, an aquatic-based environmental education program. It is also the on-water headquarters for the HSU Intercollegiate Rowing team. More information is available at [www.humboldt.edu/hbac](http://www.humboldt.edu/hbac).

The **Center Activities** office, located in the Recreation and Wellness Center, is open Monday through Friday. The Center Activities office services include course registration, an equipment rental department, and an outdoor resource/reference library for outdoor activities on the North Coast.

The **Outdoor Adventure and Aquatic Programs** offer seasonal classes in back-packing sailing, kayaking, surfing, as well as various other outdoor activities. These experiential outings take place in our local mountains and waterways. The services provided by Center Activities are designed to foster student interest and involvement in Humboldt County's outstanding outdoor recreational opportunities. No experience is required for most activities unless otherwise listed. Whether one is a beginner or an experienced outdoors person, Center Activities has an adventure for you. These courses provide an opportunity to meet new friends, learn new skills, and have lots of fun. Center Activities can provide assistance with planning group outings for interested groups or clubs. Activity choices include rafting, surfing, sea kayaking tours, and rock climbing adventures. Group rentals are also possible.

The **Leisure Activities** program offers music, dance, self-development, language, martial arts, and skills and training, to name a few. The leisure activities offered are intended for personal enrichment and skill acquisition. A variety of programs are offered which accommodate many interests and skill levels. Certification courses include EMT-I, Wilderness First Responder, CPR and First Aid, and Swiftwater Rescue.

For a complete listing of classes and services, please call 707-826-3357 or visit us online at [humboldt.edu/centeractivities](http://humboldt.edu/centeractivities).

**Intramurals and Sports Clubs.** Students can get involved on campus and meet new people by joining other students on intramural recreational sport teams in volleyball, basketball, soccer, softball, and football. Also, if you are interested in more competitive sports, try our sports club program that offers lacrosse, rugby, crew, and ultimate frisbee, to name a few. The Recreational Sports Office is in the Recreation and Wellness Center (RWC), Room 101. Call us at 707-826-6011 for our current semester schedule.

### **Recycling**

(see **Waste Reduction & Resource Awareness Program (WRRAP)**)

### **Reentry Services**

Many college students are not entering right out of high school. Over one third of Humboldt's student body is 25 or older. Humboldt is well prepared to assist non-traditional students in their college experience.

Already-enrolled reentry students should seek the guidance of the advisors assigned from within their departments. They can also obtain advice from the university's Academic & Career Advising Center in Lower Library Room 16, 707-826-3341.

### **Residence Halls**

(see **Housing & Residence Life**)

### **Resources for Research & Study**

**Arcata Marsh & Wildlife Sanctuary.** The 307 acre Arcata Marsh and Wildlife Sanctuary (AMWS), located at the north end of Humboldt Bay, includes freshwater marshes, salt marshes, tidal sloughs, grassy uplands, mudflats, brackish marshes, and trails for walking and biking. The sanctuary is home to the City of Arcata's wastewater treatment facility, combining conventional treatment processes with ponds and constructed wetlands. The AMWS is situated along the Pacific Flyway, and provides homes and migratory resting places for over 270 species of birds, along with year-round habitat for over 70 bird species and numerous species of plants, mammals, insects, and amphibians. The AMWS is used as an educational and research resource for numerous disciplines at HSU, including environmental resources engineering, botany, biology, fisheries, wildlife, environmental science and management, and chemistry.

The **Archaeology Research Laboratory** is a research facility dedicated to the scholarly pursuit of knowledge about past cultures. As part of the Anthropology Program of HSU, the laboratory supports the archaeological research and instructional activities of the students, faculty, and community partners. Foci include: archaeological laboratory methods; experimental archaeology; cultural resources management; digital archaeology/GIS; and materials/artifact identification, analysis, and curation.

**Art Foundry.** The university's art foundry is one of the largest on the West Coast. Almost 4000 pounds of bronze is poured each year. With each event, crowds gather to watch the fascinating molten flow. Students in the metal sculpture program learn sand mold and ceramic shell techniques for the lost-wax process of casting bronze or aluminum sculptures. The foundry offers excellent metal sculpture equipment, including welders and cutters for metal fabrication. Humboldt's broader sculpture curriculum encourages creativity through a variety of materials, including laminated paper, stone, plastics, wood, and found objects.

**Biochemistry and Protein Nanostructures Laboratory.** Students will have opportunities use modern biochemistry and biotechnology techniques under the supervision of a faculty member. Students will have hands-on research opportunities to design, construct, and characterize protein nanostructures for biotechnology and bioremediation applications. Student presentations of research results, typically at national conferences and meetings, will be highly encouraged.

**Biological Anthropology Research Center.** The Biological Anthropology Research Center (BARC) offers opportunities for students and faculty to engage in research and learn methods in biological anthropology. Research at BARC span the discipline, including comparative anatomy, bioarchaeology, forensics (including consultation with law enforcement), zooarchaeology, curation, bioacoustics, primate behavior and conservation, human evolution, evolutionary medicine, and nutrition. Additionally, BARC offers specialized technology for skeletal morphology and primate vocalization analysis projects, a stable isotope prep facility, and resources for DNA barcoding. Student research through BARC is presented at local and national conferences, in publications, and through community outreach projects.

**Dennis K. Walker Greenhouse.** Humboldt State's splendid greenhouse contains plant specimens from more than 187 families

— one of the most diverse collections in California. Individual rooms, ranging from a desert room to a fern room, offer students a unique opportunity to study the world's plant life in one setting.

**Biotechnology Laboratory.** The Biotechnology Laboratory supports state-of-the-art instruction for students in Cell Biology, Genetics Laboratory, Stem Cell Biology, and Biotechnology. Major equipment and facilities include ultracentrifuges, walk-in cold room, thermal cyclers, microplate reader, laminar flow hoods, inverted microscopes, and computers.

**Chemical and Molecular Dynamics Laboratory.** Students find modern research opportunities using vacuum technology, techniques in mass spectrometry, and the interaction between light and matter to probe fundamental physical chemistry. Students will have research opportunities using a hands-on approach through construction and design of modern equipment under the supervision of a faculty member. Student presentations of research results, typically at national conferences and meetings, will be highly encouraged.

**The College of Natural Resources & Sciences Core Research Facility.** The CNRS Core Research Facility houses specialized instrumentation and equipment available to advance learning, training, and research within and across all of the College's departmental disciplines. Some of the resources our faculty, students, and staff have access to include qPCR instruments, PCR thermal cyclers, Atomic Absorption Spectrometry, Histology, Experimental Greenhouse and Growth Chambers, GC/MS, Carbon/Nitrogen analyzer, and an automated DNA Sequencer allowing the pursuit of research on biological, organic, and inorganic components of our environment.

**Committee for the Care and Use of Laboratory Animals.** The Animal Welfare Act (AWA) and Animal Use Regulations require that institutions that receive federal funds and conduct research or educational activities involving the use of vertebrate animals (i.e. fishes, amphibians, reptiles, birds, and mammals) must establish an Institutional Animal Care and Use Committee (IACUC). The IACUC's role is to ensure that vertebrates are treated humanely following the AWA and the principles outlined in the *Guide for the Care and Use of Laboratory Animals* published by the National Research Council. Faculty and students who wish to conduct research or educational activities involving vertebrates must submit an IACUC

protocol for review. Upon approval by the IACUC, investigators or educators may initiate their project. Facilities that hold vertebrate animals in captivity for research or education are inspected twice each year by the IACUC. Individuals with concerns over animal care and use issues for vertebrates associated with campus research or instruction should contact the Office of the Dean, College of Natural Resources and Sciences.

**Committee for the Protection of Human Subjects in Research.** Humboldt State University supports an Institutional Review Board (IRB) in compliance with federal regulations to enable students and faculty to conduct research using human subjects. The board's function is to protect research subjects, including student volunteers, from risks of physical, psychological, or social harm. The board promotes the human rights and dignity of research subjects by providing voluntary, informed consent and risk/benefit analysis of research proposals. All research involving human subjects must be reviewed for safety and approved by the board before recruitment of subjects may begin.

Human subjects research includes, among other categories, surveys, interviews, observations of public behavior, psychological research, social research, and physiological research. This applies to all research conducted at Humboldt State University, using university facilities, by employees, students, or other persons otherwise affiliated with the university, or using university employees or students as subjects. This policy applies to the university and its auxiliaries. Human Subjects in Research training is available through CITI, and is required for all individuals included on an IRB Application for Review. For further information, please contact [irb@humboldt.edu](mailto:irb@humboldt.edu).

**Computer Access.** Students can access HSU computers from numerous sites on campus. Interdisciplinary labs have Macintosh and/or PC computers, and are available for use by classes, students, and faculty. These labs offer a large suite of industry-standard software applications, plus programming languages and databases. In addition, many academic departments have computer labs that offer software specific to their discipline, and short-term computer use is available at quick print stations around campus.

The HSU Virtual Lab (VLab) allows access to certain on-campus applications from on- or off-campus, some of which can be streamed to both HSU and personal computers and devices. The VLab software library is accessible from Windows, Macintosh, and Linux

systems, as well as popular mobile devices.

All HSU students are provided with personal email, file storage, and web accounts on the campus network. A Technology Help Desk is available for walk-in (Library 101), call-in (707-826-4357), email ([help@humboldt.edu](mailto:help@humboldt.edu)), and web support ([its.humboldt.edu](http://its.humboldt.edu)).

Wireless network access is available across most of the campus. HSU recommendations for student computer capabilities can be found on the HSU website at [its.humboldt.edu](http://its.humboldt.edu).

**Lanphere Dunes Preserve.** Students find instructional and research opportunities in a protected ecosystem at the 300-acre Lanphere Dunes Preserve, part of the Humboldt Wildlife Refuge. The dunes, bounded by the Pacific Ocean and the Mad River Slough, contain rare natural habitats of the California coast.

**Earthquake Education.** Students and faculty working with the Humboldt Earthquake Education Center take an active role in studying local and regional earthquakes. Both science and non-science majors help prepare and disseminate information through publications, workshops, the Humboldt Earthquake Hotline, 707-826-6020, and the Internet at [humboldt.edu/shakyground](http://humboldt.edu/shakyground).

**Evolutionary Anthropology Research.** The Humboldt Center for Evolutionary Anthropology (HCEA) offers opportunities for undergraduates to engage in research and learning methods in biological anthropology by working closely with faculty and other researchers. Research projects at HCEA focus on a variety of topics that are relevant to the understanding of human evolution, primate behavior, and conservation, including studies in evolutionary medicine, bioacoustics, genetics, evolutionary epidemiology, and evolutionary processes, such as genetic drift and speciation. Additionally, HCEA offers state of the art technology for skeletal morphology and primate vocalization analysis projects. Faculty in HCEA are actively involved in working with local law enforcement agencies by assisting in the processing of forensic anthropology cases. Student research through HCEA is presented at national conferences, in publications, and through community outreach projects.

**Fish Hatchery.** Humboldt is one of the few universities with an on-campus fish hatchery. The hatchery minimizes water use by recirculating 900 gallons of water each minute. Fish-rearing facilities at the hatchery include a high-capacity biofilter system, experimental streams and flumes, outdoor concrete raceways and ponds, indoor fiberglass tanks, an egg incubation rack, and a quarantine area.

Students spawn trout and sturgeon and rear them from the egg to adult. Hatchery fish are used for classroom instruction and research by both undergraduate and graduate students.

**Fish and Wildlife Research Unit.** The only one of its kind in the state, the California Cooperative Fish and Wildlife Research Unit conducts research on fish and wildlife in their habitats in response to state, regional, and national trends. The Unit supports graduate students who work on fisheries and wildlife problems as part of their degree and provides research opportunities to undergraduate students. The Unit is a cooperative effort of the university, the California Department of Fish and Wildlife, the U.S. Fish and Wildlife Service, Wildlife Management Institute, and the U.S. Geological Survey. To learn more, visit the Unit at Wildlife & Fisheries Bldg., Room 212 or call 707-826-3268.

**Forests, University.** Humboldt State has two forests dedicated to the educational and research needs of the students and faculty.

The **L.W. Schatz Demonstration Tree Farm** was donated to the university (along with an endowment) as a classroom and laboratory. In this 385-acre mixed-species forest, about 25 miles east of campus, research focuses on the needs of the small landowner:

The **Freshwater Forest**, a coastal conifer forest owned by Humboldt Redwood Company, is used as a teaching facility through the generosity of the owner. The 300-acre tract, seven miles south of campus, is excellent for studying local conifers.

**Game Pens.** Students receive firsthand experience with wildlife at the campus game pens. The facility features a huge flight cage where animals move with much freedom. It also has a waterfowl pond and several large holding pens.

**Gravity Research Laboratory.** The Gravity Research Lab provides physics majors with hands-on research experience testing fundamental properties of gravity and Einstein's General Theory of Relativity. Through application of the skills and methods studied in the undergraduate Physics & Astronomy curriculum, students gain valuable skills in experimental apparatus design, construction and characterization, as well as data analysis and presentation. The methods and results of the laboratory's research are of wide interest to researchers in many areas of experimental and theoretical physics and astronomy. Students regularly author peer-reviewed papers and give oral presentations

at national conferences such as the National Conference on Undergraduate Research (NCUR) and meetings of the American Physical Society (APS). The research skills developed in the laboratory also provide the Physics & Astronomy graduates with the necessary background to successfully secure graduate school and industrial positions.

**Human Performance Laboratory.** Humboldt's laboratory is a resource center for those wanting a baseline assessment of their health. The lab also serves as a training facility for exercise science students to develop skills in testing and promoting an active lifestyle.

From athletes with an Olympic fitness agenda, to persons with special conditions (e.g. arthritis, asthma, heart problems, pregnancy), everyone can benefit from the laboratory's resources: dietary analysis, body composition testing, aerobic fitness testing, exercise prescriptions, and specialized exercise programs are available to both the campus and surrounding community. The lab actively educates both graduate and undergraduate students through hands-on experience in the basic and applied aspects of exercise and how to properly prepare for careers in this field. State-of-the-art equipment advances graduate research and puts Humboldt on the map in human performance technology.

The **David E. Webb Language Learning Center** is located in the Behavioral and Social Sciences Building room 202. There are eight PC stations and an instructor console, two printers, an LCD projector and screen, a whiteboard, and a conference table. It is mainly used for regularly-scheduled tutoring of students of Chinese, French, German, and Spanish, and certain World Languages and Cultures classes. The facilities are open to all HSU students. Additional information is available on the Department of World Languages & Cultures website.

**Library.** See "Library."

**Telonicher Marine Laboratory.** In the coastal town of Trinidad, 11 miles north of campus, students in fisheries biology, oceanography, geology, and the biological sciences take classes and conduct research at the Telonicher Marine Laboratory. The lab includes a circulating seawater system, lecture rooms, several research labs, a computer lab, and various kinds of microscopes and instrumentation for faculty and student use. Nearby Trinidad and Humboldt Bays and the Pacific Ocean provide rocky and sandy intertidal and subtidal habitats for further study.

The lab is open to the public. Local fishes and invertebrates are on display, and there is a simulated tide pool area containing invertebrates that may be touched. For current schedule or more information, call 707-826-3671. To schedule group tours, call the Marine Naturalist at 707-826-3689.

**Marine Wildlife Care Center.** The center operates both as a training complex for students in the wildlife program and as a regional rescue center for marine birds injured as a result of oceanic oil spills. The 4,500 square-foot facility serves the coastal region from Point Arena to the Oregon border during spills.

**Music Ensemble Library.** The music ensemble library houses over 14,000 titles, including roughly 1,000 pieces each for orchestra, symphonic band, jazz ensemble, and mixed chorus. In addition, there are two separate collections of chamber music, one owned by HSU and one co-owned by the Humboldt Chamber Music Workshops, that have been serviced by the library for over 50 years. These combined collections number over 8,700 and include most standard chamber music works as well as many non-standard and/or out-of-print works which are difficult to obtain elsewhere.

**Natural History Collections.** Humboldt State maintains some of the most important collections of plants and animals in the Pacific Northwest. Most of these collections are the only ones of their kind between central California and northern Oregon. Each collection is available to qualified undergraduate and graduate students:

The **Vascular Plant Herbarium**, largest in the CSU system, contains over 100,000 specimens of algae, fungi, mosses, ferns, gymnosperms, and flowering plants. It stores reprints, monographs, and floras.

The **Forestry and Range Herbarium** is national in scope and supports the instructional programs in those areas.

The **Marine Invertebrates Collection** focuses on invertebrates from central to northern California. Approximately 1,000 species are represented by over 5,000 specimens.

The **Fisheries Collection**, largest in the CSU and fourth largest in California, contains approximately 50,000 specimens and 1200 species. The focus is on the freshwater and marine fishes of the Pacific Northwest, but it also has representatives of groups worldwide.

The **Wildlife Museum** is the primary regional repository for birds. It contains

about 14,000 specimens, including birds, nests and eggs, and mammals. Its scope is worldwide and includes specimens collected in the late 1800s, and extinct, rare, and endangered species.

The **Vertebrate Museum** houses approximately 15,000 mammal specimens with worldwide representation. Additionally, about 1,500 amphibian and reptile specimens are maintained. The mammal collection is accredited by the American Society of Mammalogists and the museum is part of the federal Marine Mammal Stranding Network.

**Observatory.** Astronomy students venture up Fickle Hill in Arcata to use the university observatory. It is located only 10 miles from campus but over 2,000 feet above sea level. Far from city lights, the site has two observatory buildings, housing two 14-inch telescopes and six 8-inch telescopes. Students go far beyond textbook photos in observing stars, planets, and galaxies.

**Scanning Electron Microscopes (SEM) & Transmission Electron Microscope (TEM).** HSU currently has three SEMs: two Topcon ABT-32 scopes used primarily in teaching, and an FEI Quanta 250 environmental SEM with energy dispersive spectroscopy for elemental analysis and digital image acquisition. The SEMs are used by faculty and advanced students in the biological sciences, geology, and natural resources to examine the surface structure of organisms and other natural objects.

The TEM is an instrument that generates extremely highly magnified images of small objects (such as bacteria or viruses) or of ultra-thin sections of larger material through the use of a concentrated electron beam. The conventional light microscope allows magnifications of up to about 1000x while the TEM can be used to obtain higher magnifications greater than 100,000x.

**Schatz Energy Research Center.** The Schatz Energy Research Center promotes clean and renewable energy worldwide. Research areas include renewable energy microgrids, offshore wind feasibility, energy access, bioenergy analysis, and clean transportation. Located on the HSU campus, the Center enables students to gain practical experience with cutting-edge clean energy technologies – and to help increase community resilience, energy access, and environmental and public health here in California and around the globe.

The Schatz Center provides professional training via undergraduate and graduate research positions, in which student em-

employees work directly on Center projects. The Center offers three fellowships each year for incoming HSU graduate students conducting energy research. The Center also maintains a volunteer outreach team that presents energy programs for schools, summer camps, and special events across Humboldt County.

The Center's professional staff gives workshops and tours for HSU classes in engineering, environmental studies, journalism, and other departments. And, in collaboration with HSU's interdisciplinary Environment & Community program, the Center hosts a "Sustainable Futures" lecture series each semester on energy, community, and society. Recent topics include wind power, climate displacement, bioenergy analysis, regenerative agriculture, fisheries planning, and environmental justice.

The Schatz Center was founded in 1989, thanks to a generous grant from Dr. Louis W. Schatz. Early projects included the Schatz Solar Hydrogen Project, which demonstrated the use of hydrogen to store solar energy. The Center also built the first fuel cell car licensed to drive in the United States, and the first solar-powered hydrogen fueling station.

Recent projects include the Blue Lake Rancheria main campus microgrid, which integrates an onsite solar array with energy storage and sophisticated control software. This microgrid allows the Rancheria to reduce its environmental footprint, decrease energy costs, and maintain power indefinitely during grid outages. A second solar-based microgrid is now being deployed at the Rancheria's gas station, as a pilot demonstration for small building microgrid systems across the state. The Center is also developing a solar-powered microgrid for the Redwood Coast Airport, which will provide resiliency to the airport, U.S. Coast Guard Air Station, and other nearby facilities during a power outage.

The Schatz Center collaborates with public institutions, private industry, local, regional, national, and tribal governments, and international agencies to implement clean, renewable energy. Internationally, the Center plays a leading role in the World Bank Group's Lighting Africa and Lighting Asia initiatives, which support high quality, affordable energy solutions for the 1 billion people without reliable access to an energy grid. Closer to home, Schatz staff work with state, tribal, and county agencies to increase clean energy generation and community resilience.

**Seagoing Vessels.** Biology, fisheries, geology,

oceanography, and wildlife classes use the university's 90-foot, 143-ton research vessel, the *Coral Sea*, for field trips to support both undergraduate/graduate instruction and advanced undergraduate and graduate research. Besides the *Coral Sea*, a number of smaller watercraft are used for instructional and research purposes.

**Wildlife Refuge.** The Wright Wildlife Refuge is a 5.5 acre parcel on the eastern edge of Eureka, jointly managed by the Humboldt Area Foundation and the Wildlife Department. Ms. Wright's endowment supports wildlife management, research, and education on the refuge. The area provides many opportunities for independent research by Humboldt State students. Students also participate in a bird-banding program ongoing on the site.

### Study Abroad Programs

There are many opportunities for students at Humboldt State University to study abroad for a year, a semester, or the summer and receive academic credit. Students are advised to attend one of the informational meetings held throughout the year where they can learn about the various programs available to them. For further information, contact The Center for International Programs at 707-826-4142 or [internat@humboldt.edu](mailto:internat@humboldt.edu), or visit the website at [extended.humboldt.edu/international-programs](http://extended.humboldt.edu/international-programs). The Study Abroad Office is located on the second floor of the Student and Business Services (SBS) building, in the College of Extended Education and Global Engagement (CEEAGE).

**CSU International Programs.** Developing intercultural communication skills and international understanding among its students is a vital mission of the California State University (CSU). Since its inception in 1963, the CSU International Programs (CSU IP) has contributed to this effort by providing qualified students an affordable opportunity to continue their studies abroad for a full academic year. More than 20,000 CSU students have taken advantage of this unique study option.

International Programs participants earn resident academic credit at their CSU campuses while they pursue full-time study at a host university or study center abroad. CSU IP serves the needs of students in more than 100 designated academic majors. Affiliated with more than 50 recognized universities and institutions of higher education in 18 countries, CSU IP also offers a wide selection of study abroad destinations and learning environments.

Australia: Griffith University, Macquarie University, Queensland University of Technology, University of Queensland, Western Sydney University

Canada: Concordia University

Chile: Pontificia Universidad Católica de Chile

China: Peking University (Beijing)

Denmark: Danish Institute for Study Abroad

France: Institut Catholique de Paris, Institut Supérieur d'Electronique de Paris, Université d'Aix-Marseille (Aix-en-Provence), Université de Cergy-Pontoise, Universités de Paris I, III, IV, VI, VII, VIII, X, XI, XII, XIII, Université Paris-Est Marne-la-Vallée, Université d'Evry Val d'Essonne, and Université de Versailles Saint-Quentin-en-Yvelines

Germany: University of Tübingen and a number of institutions of higher education in the Federal state of Baden-Württemberg

Ghana: University of Ghana

Israel: University of Haifa

Italy: CSU Florence Study Center, Accademia di Belle Arti Firenze

Japan: Waseda University, University of Tsukuba

Mexico: Instituto Tecnológico y de Estudios Superiores de Monterrey, Campus Querétaro

South Africa: Nelson Mandela University

South Korea: Yonsei University

Spain: Universidad Complutense de Madrid, Universidad de Granada, Universidad de Jaén

Sweden: Uppsala University

Taiwan: National Taiwan University

United Kingdom: University of Bradford, University of Bristol, University of Hull, Kingston University, Swansea University

Students participating in CSU IP pay CSU tuition and program fees, and are responsible for airfare, accommodations, meals and other personal expenses. Financial aid, with the exception of Federal Work-Study, is available to qualified students and limited scholarship opportunities are also available. All programs require students to maintain good academic and disciplinary standing, many programs are open to sophomores or graduate students. California Community College transfer students are eligible to apply (to select programs) directly from their community colleges. Students must possess a current cumulative grade point average of 2.75 or 3.0, depending on the program, and must fulfill all coursework prerequisites. Additional program information and application instructions can be found on our website at [calstatele.edu/ip](http://calstatele.edu/ip).

Additional program information and application instructions are available on HSU Study Abroad website at [humboldt-international.terradotta.com](http://humboldt-international.terradotta.com)

Students can also participate in the bilateral exchange, summer, and semester programs offered at HSU.

## Support Services

**Native American Support Programs.** See “Indian Tribal & Educational Personnel Program (ITEPP)” and “Indian Natural Resources Science and Engineering Program (INRSEP)” in the Academic Programs section.

**Early Outreach Programs** include: Early Assessment Program (EAP), Gear Up, TRIO Upward Bound, and TRIO Educational Talent Search. These programs provide outreach services designed to inform students and their parents about admission requirements, financial aid, and educational opportunities. Culturally relevant activities are designed for high school and community college students to assist them in planning their attendance to a four-year college. Special outreach events include admission and financial aid staff and faculty representatives from academic departments. These programs strengthen college preparation and support, particularly for low-income and/or first-generation college going students, preparing to enter a post-secondary institution. For additional information call 707-826-5381.

## Testing Center

The Testing Center administers and provides information for a wide variety of tests, including those for college/university admission (undergraduate, graduate, and credential), for course placement, for proficiency, and for vocational interest. (See Admission Information for descriptions of some of the tests.) The Testing Center also proctors standardized tests, accommodated classroom testing for students with disabilities, make-up exams, and correspondence tests. All exams are administered by appointment only. For additional information call 707-826-3611.

## Theatre, Film & Dance

The Department of Theatre, Film, and Dance presents a season of mainstage productions, one-act plays, dance performances, and film screenings. Students participate in all levels of production as choreographers, dancers, filmmakers, cinematographers, editors, scriptwriters, directors, actors, staging, costuming, lighting, and sound design.

The department also sponsors the annual Humboldt International Film Festival, the

oldest student-run festival in the world (since 1967). Every spring the festival presents award-winning short films.

## Transportation (see Parking & Commuter Services)

## Undeclared Students

Students who are still determining what major options fit them best have the option to be “Undeclared” while at HSU. Every semester hundreds of students at HSU choose to take advantage of this option. Being Undeclared gives you the support and encouragement to explore your values, interests and goals as they relate to you personally, academically, and professionally. By doing this you can identify, and declare with confidence, the best major fit for you.

As an Undeclared student, you will receive academic advising from a full-time professional advisor. Whether you are narrowing down your many interests, deciding between a few main interests, or discovering your interests, you will be guided, encouraged, and supported through your exploration by your academic advisor from the Academic and Career Advising Center (ACAC).

While Undeclared, you have an excellent opportunity to make progress towards your degree by completing general education and other all-university requirements.

Students at HSU must declare a major by the time they have earned 45 semester units.

For additional information and resources about being undeclared, check out the Undeclared Resources webpage ([cac.humboldt.edu/students/undeclared-resources](http://cac.humboldt.edu/students/undeclared-resources)).

## University Center

The University Center (UC) is the student union on campus and the heart of student activities and services. The 54,000 sq. ft. building is located at the foot of Founders Hall. The UC has conference rooms, two lounges, and two multipurpose rooms available for use by the university community.

Campus services located in the building include the University Ticket Office, Information Counter, The Depot, Windows Café, and the HSU Bookstore. The UC also houses the offices of Associated Students, CenterArts, Clubs, and the University Center Administration. For more information, please visit the University Center’s website at [humboldt.edu/uc](http://humboldt.edu/uc).

## Veterans Enrollment & Transition Services (VETS)

[veterans.humboldt.edu](http://veterans.humboldt.edu)

Student veterans and staff at Humboldt State University are committed to the academic success and career goals of our military affiliated students. Located in the Lower Library, Room 58, we offer program and services to assist with academic, financial and career goals. VETS processes enrollment certifications for the Montgomery GI Bill® and processes the California Department of Veterans Affairs fee waiver. Information about veteran’s education benefits, tutorial services, military credit evaluation, and the VA work-study program is also available. We have an on-campus counselor from the local Veteran Center to assist with transitional counseling. All military affiliated students are invited to join our Student Veterans Association and become an integral part of Humboldt State’s student life and the veteran’s community. We have signed on to the Principles of Excellence to best serve our military affiliated population as well as the Department of Defense Memorandum of Understanding for our active duty members. You can find us online at [veterans.humboldt.edu](http://veterans.humboldt.edu) or by calling 707-826-6272.

## Waste Reduction & Resource Awareness Program

[wrrap.humboldt.edu](http://wrrap.humboldt.edu)

The **Waste Reduction and Resource Awareness Program (WRRAP)** is a student-led organization funded by the Associated Students that provides opportunities for students who are interested in waste reduction to educate the campus community on consumption reduction.

WRRAP has five main programs that serve the campus. The Compost Demonstration Site allows students to learn how composting works through hands-on experience. The Reusable Office Supply Exchange (ROSE) provides the campus with an alternative disposal of office supplies, which are made available to departments and students in need of office and school supplies. The Zero-Waste Program is available to help make events on the HSU campus zero-waste by collaborating with dining services to divert waste from landfills and to provide reusable place settings. The Take Back the Tap Program is a student-led campaign that opposes the privatization of water, particularly the bottling of water and its negative environmental, social, and health impacts. The Education Program produces educational events on campus including the Clothing Swap, Trash Mountain, and Donation Dash.

WRRAP is located in Warren House 53. To learn more about the program, please visit the website or call 707-826-4162.

### **Women's Resource Center**

[hsuwomen.humboldt.edu](http://hsuwomen.humboldt.edu)

Located in House 55, the Women's Resource Center, funded by the Associated Students, offers support groups, educational activities, and resource materials. The center sponsors workshops, speakers, films, concerts, and other events to promote an awareness of the roles, achievements, and concerns of women.

### **Youth Educational Services**

[yes.humboldt.edu](http://yes.humboldt.edu)

**Youth Educational Services (YES)** offers leadership and volunteer opportunities through student-directed programs addressing social issues and under-met needs in the community. These programs engage with children, youth, seniors, LGBTQIA+ and marginalized cultural communities, families experiencing homelessness and the environment.

YES trains students to become community advocates and organizers, giving them the knowledge, skills, and service learning experience to participate in their community with positive effects.

YES can provide students with opportunities to:

- Complement classroom learning;
- Develop leadership skills;
- Initiate a community-based project;
- Foster a deeper respect for human diversity;
- Volunteer in a career field;
- Gain professional skills to assist with future job searches.

Volunteers engage with YES programs and community-based sites an average of four hours each week.

For information, call 707-826-4965, or visit [yes.humboldt.edu](http://yes.humboldt.edu).