

# FAMILY STUDIES MINOR

## Minor in Family Studies

### Department Chair

Dr. Kishan Lara-Cooper

### Department of Child Development

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[humboldt.edu/cdblog](http://humboldt.edu/cdblog)

### The Program

Examine the family from multiple perspectives, giving special attention to changes in the American family over time and across ethnic and socioeconomic groups. Look at various methods for working with families and helping the family remain strong and healthy.

Knowledge about families is excellent background for work in social services, teaching, community development, community health, counseling, family law, public administration, or public policy.

## REQUIREMENTS FOR THE MINOR

### Family Foundation

CD 251 (3) Children, Families & Their Communities

### Growth & Development Foundation

CD 350 (3) Perspectives: Life-Span Development

### Contemporary Family Dynamics

Minimum of one course from:

CD 352 (3) Parent/Child Relationships [DCG-d]

PSYC 303 (3) Family Relations in Contemporary Society

SOC 306 (3) The Changing Family

### Cultural Variations

Minimum of one course from:

AIE 335 (3) Social Cultural Considerations [DCG-d]\*

CD 467 (3) Working with Culturally Diverse Families [DCG-d]

COMM 322 (4) Intercultural Communication [DCG-d]

### Interacting with Families

Minimum of one course from:

AIE 335 (3) Social Cultural Considerations [DCG-d]\*

CD 366 (3) Exceptional Children & Their Families\*

### Special Family Topics

Minimum of three units from:

CD 362 (3) Children & Stress

CD 366 (3) Exceptional Children & Their Families\*

SW 431 (4) Juvenile Delinquency

SW 480 (.5-4) Special Topics

[Must be related to the family - Prior permission to count toward minor must be approved]

### Advocacy & Public Policy

CD 479 (3) Policy Analysis & Advocacy  
[Completion of other courses in minor required]



\* Course may not be used for more than one topic section.