

# RECREATION ADMINISTRATION

## **Bachelor of Arts degree with a major in Recreation Administration**

### **Minor in Recreation Administration**

#### **Department Chair**

Rock Braithwaite

#### **Department of Kinesiology & Recreation Administration**

Kinesiology & Athletics 305

707-826-4538

humboldt.edu/kra

### **The Program**

Students completing this program will be able to:

- develop, implement and evaluate traditional leisure services and programs within their specified professional pathway area;
- identify and create leisure opportunities that maximize participation for diverse populations;
- apply effective professional communication, leadership, and management to the leisure industry;
- select, implement, and evaluate appropriate technologies as related to the leisure industry; and
- apply professional knowledge, skills, and abilities to field-based work experiences within the general area of recreation administration and within their professional pathway.

Recreation majors have many fieldwork choices through the abundance of nearby parks, wilderness areas, lakes, beaches, rivers, and leisure-oriented organizations.

Students round out their education by completing a minor (or minor field of study) in business administration and an internship. The internship may be taken any semester, with the summer option offered through the College of Extended Education & Global Engagement.

Organizations employing recreation administration graduates include: community parks, volunteer agencies, corporate wellness programs, college recreation programs, commercial recreation centers, therapeutic recreation programs, tourism organizations and outdoor education and recreation programs.

## **REQUIREMENTS FOR THE MAJOR**

*For a description of degree requirements to be fulfilled in addition to those listed below for the major, please see "The Bachelor's Degree" section of the catalog, pp. 66-81.*

Students must earn a C- or better in all required courses for the major (or their equivalent, in the case of courses transferred from another institution).

### **Core Courses**

#### **Lower Division**

- REC 210 (3) Recreation Leadership  
REC 211 (3) Leisure in Society  
REC 220 (3) Leisure Programming  
Plus one physical education course (1)

#### **Upper Division**

- REC 302 (3) Inclusive Recreation  
REC 320 (3) Organization, Admin. & Facility Planning  
REC 420 (3) Legal & Financial Aspects of Recreation  
REC 455 (1) Internship & Career Preparation Workshop  
REC 482 (6) Internship in Recreation  
REC 485 (2) Senior Seminar

### **Emphases: Select One**

#### **Diving Leadership** (16 units)

Core courses plus:

- REC 262 (4) Beginning SCUBA  
REC 282 (1) Diving First Aid, Introduction to HSU Diving  
REC 362 (4) Master Diver  
REC 383 (3) Rescue Diver  
REC 472 (4) Leadership Diving: Assistant Instructor

#### **Inclusive Communities** (15 units)

Core courses plus:

- REC 410 (3) Healthy Communities Through Recreation  
REC 415 (3) Leisure and Aging

Select three courses from the following:

- HED 392 (3) Community & Population Health  
PSYC 400 (3) Health Psychology  
REC 330 (3) Adventure Theory & Practice  
REC 345 (3) Environmental Education  
REC 481 (3) Recreation Practicum  
(3) Child Development course [advisor-approved]

## **Outdoor Adventure Recreation** (15 units)

Core courses plus:

- REC 330 (3) Adventure Theory & Practice  
REC 370 (3) Outdoor Adventure Rec  
REC 375 (2) Winter Adventure Leadership  
REC 430 (4) Expedition Planning & Leadership

Select one of the following:

- REC 345 (3) Environmental Education  
REC 435 (3) Sustainable Tourism  
REC 481 (3) Recreation Practicum

## **Tourism Management** (15 units)

Core courses plus:

- REC 335 (3) Tourism Planning & Development  
REC 365 (3) Travel Industry Mgmt.  
REC 435 (3) Sustainable Tourism

Select two courses from the following:

- REC 330 (3) Adventure Theory & Practice  
REC 345 (3) Environmental Education  
REC 370 (3) Outdoor Adventure Recreation  
REC 415 (3) Leisure and Aging  
REC 481 (3) Recreation Practicum

## **Self-Designed** (15 units)

Students may design their own emphasis with a minimum of 15 units of thematic upper-division coursework; at least six units must be in recreation administration (REC) courses. The self-designed emphasis must be approved by two members of the Recreation Administration faculty.

## **Business Minor / Minor Field of Study**

**Minor** (18 units — obtain requirements from the School of Business) **OR**

A minimum of 12 units of business and/or economics advisor-approved coursework. Eight units must be upper division.

## **REQUIREMENTS FOR THE MINOR**

18 units required

- REC 210 (3) Recreation Leadership  
REC 211 (3) Leisure in Society  
REC 220 (3) Leisure Programming  
REC 302 (3) Inclusive Recreation  
REC 320 (3) Organization, Admin. & Facility Planning  
REC 420 (3) Legal & Financial Aspects of Recreation

