

RECREATION ADMINISTRATION

Bachelor of Arts degree with a major in Recreation Administration

Minor in Recreation Administration

Department Chair

Rock Braithwaite

Department of Kinesiology & Recreation Administration

Kinesiology & Athletics 305

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humboldt.edu/kra

The Program

Students completing this program will be able to:

- develop, implement and evaluate traditional leisure services and programs within their specified professional pathway area;
- identify and create leisure opportunities that maximize participation for diverse populations;
- apply effective professional communication, leadership, and management to the leisure industry;
- select, implement, and evaluate appropriate technologies as related to the leisure industry; and
- apply professional knowledge, skills, and abilities to field-based work experiences within the general area of recreation administration and within their professional pathway.

Recreation majors have many fieldwork choices through the abundance of nearby parks, wilderness areas, lakes, beaches, rivers, and leisure-oriented organizations.

Students round out their education by completing a minor (or minor field of study) in business administration and an internship. The internship may be taken any semester, with the summer option offered through the College of Extended Education & Global Engagement.

Organizations employing recreation administration graduates include: community parks, volunteer agencies, corporate wellness programs, college recreation programs, commercial recreation centers, therapeutic recreation programs, tourism organizations and outdoor education and recreation programs.

REQUIREMENTS FOR THE MAJOR

For a description of degree requirements to be fulfilled in addition to those listed below for the major, please see "The Bachelor's Degree" section of the catalog, pp. 66-81.

Students must earn a C- or better in all required courses for the major (or their equivalent, in the case of courses transferred from another institution).

Core Courses

Lower Division

- REC 210 (3) Recreation Leadership
REC 211 (3) Leisure in Society
REC 220 (3) Leisure Programming
Plus one physical education course (1)

Upper Division

- REC 302 (3) Inclusive Recreation
REC 320 (3) Organization, Admin. & Facility Planning
REC 420 (3) Legal & Financial Aspects of Recreation
REC 455 (1) Internship & Career Preparation Workshop
REC 482 (6) Internship in Recreation
REC 485 (2) Senior Seminar

Emphases: Select One

Diving Leadership (16 units)

Core courses plus:

- REC 262 (4) Beginning SCUBA
REC 282 (1) Diving First Aid, Introduction to HSU Diving
REC 362 (4) Master Diver
REC 383 (3) Rescue Diver
REC 472 (4) Leadership Diving: Assistant Instructor

Inclusive Communities (15 units)

Core courses plus:

- REC 410 (3) Healthy Communities Through Recreation
REC 415 (3) Leisure and Aging

Select three courses from the following:

- HED 392 (3) Community & Population Health
PSYC 400 (3) Health Psychology
REC 330 (3) Adventure Theory & Practice
REC 345 (3) Environmental Education
REC 481 (3) Recreation Practicum
(3) Child Development course [advisor-approved]

Outdoor Adventure Recreation (15 units)

Core courses plus:

- REC 330 (3) Adventure Theory & Practice
REC 370 (3) Outdoor Adventure Rec
REC 375 (2) Winter Adventure Leadership
REC 430 (4) Expedition Planning & Leadership

Select one of the following:

- REC 345 (3) Environmental Education
REC 435 (3) Sustainable Tourism
REC 481 (3) Recreation Practicum

Tourism Management (15 units)

Core courses plus:

- REC 335 (3) Tourism Planning & Development
REC 365 (3) Travel Industry Mgmt.
REC 435 (3) Sustainable Tourism

Select two courses from the following:

- REC 330 (3) Adventure Theory & Practice
REC 345 (3) Environmental Education
REC 370 (3) Outdoor Adventure Recreation
REC 415 (3) Leisure and Aging
REC 481 (3) Recreation Practicum

Self-Designed (15 units)

Students may design their own emphasis with a minimum of 15 units of thematic upper-division coursework; at least six units must be in recreation administration (REC) courses. The self-designed emphasis must be approved by two members of the Recreation Administration faculty.

Business Minor / Minor Field of Study

Minor (18 units — obtain requirements from the School of Business) **OR**

A minimum of 12 units of business and/or economics advisor-approved coursework. Eight units must be upper division.

REQUIREMENTS FOR THE MINOR

18 units required

- REC 210 (3) Recreation Leadership
REC 211 (3) Leisure in Society
REC 220 (3) Leisure Programming
REC 302 (3) Inclusive Recreation
REC 320 (3) Organization, Admin. & Facility Planning
REC 420 (3) Legal & Financial Aspects of Recreation

