Bachelor of Arts degree with a major in Recreation Administration

Minor in Recreation Administration
Department Chair
Chris Hopper
Department of Kinesiology & Recreation Administration
Kinesiology & Athletics 305
707-826-4538
humboldt.edu/kra

The Program
Students completing this program will be able to:
  ▪ develop, implement and evaluate traditional leisure services and programs within their specified professional pathway area;
  ▪ identify and create leisure opportunities that maximize participation for diverse populations;
  ▪ apply effective professional communication, leadership, and management to the leisure industry;
  ▪ select, implement, and evaluate appropriate technologies as related to the leisure industry; and
  ▪ apply professional knowledge, skills, and abilities to field-based work experiences within the general area of recreation administration and within their professional pathway.

Recreation majors have many fieldwork choices through the abundance of nearby parks, wilderness areas, lakes, beaches, rivers, and leisure-oriented organizations. Students round out their education by completing a minor (or minor field of study) in business administration and an internship. The internship may be taken any semester; with the summer option offered through the College of Extended Education & Global Engagement.

Organizations employing recreation administration graduates include: community parks, volunteer agencies, corporate wellness programs, college recreation services, commercial recreation centers, therapeutic recreation programs, tourism organizations and outdoor education and recreation programs.

REQUIREMENTS FOR THE MAJOR
For a description of degree requirements to be fulfilled in addition to those listed below for the major, please see “The Bachelor’s Degree” section of the catalog, pp. 67-82.

Unit Requirements
Core units: 28
Emphasis units: 15-16
Business requirement units: 12-18
Total units in the major: 55-62
Total units required for the degree: 120

Special Grade Requirement
Students must earn a C- or better in all required courses for the major (or their equivalent, in the case of courses transferred from another institution).

Core Courses (28 units)
Lower Division
REC 100 (3) Leisure in Society
REC 210 (3) Recreation Leadership
REC 220 (3) Leisure Programming
Plus one physical education course (1)

Upper Division
REC 302 (3) Inclusive Recreation
REC 320 (3) Organization, Admin. & Facility Planning
REC 420 (3) Legal & Financial Aspects of Recreation
REC 455 (1) Internship & Career Preparation Workshop
REC 482 (6) Internship in Recreation
REC 485 (2) Senior Seminar

Emphases (15-16 units)
Complete one of the following emphases to fulfill the requirements of the major:

Diving Leadership Emphasis (16 units)
REC 252 (1) Diving First Aid, Introduction to HSU Diving
REC 262 (4) Beginning SCUBA
REC 362 (4) Master Diver
REC 383 (3) Rescue Diver
REC 472 (4) Leadership Diving: Assistant Instructor

Inclusive Communities Emphasis (15 units)
REC 410 (3) Healthy Communities Through Recreation
REC 415 (3) Leisure and Aging

Complete three of the following courses.
HED 392 (3) Community & Population Health
PSYC 400 (3) Health Psychology
REC 330 (3) Adventure Theory & Practice
REC 345 (3) Environmental Education
REC 481 (3) Recreation Practicum
(3) Child Development course (advisor-approved)

Outdoor Adventure Recreation Emphasis (15 units)
REC 330 (3) Adventure Theory & Practice
REC 370 (3) Outdoor Adventure Rec Leadership
REC 375 (2) Winter Adventure Leadership
REC 430 (4) Expedition Planning & Leadership

Complete one of the following courses.
REC 345 (3) Environmental Education
REC 435 (3) Sustainable Tourism
REC 481 (3) Recreation Practicum

Tourism Management Emphasis (15 units)
REC 335 (3) Tourism Planning & Development
REC 365 (3) Travel Industry Mgmt.
REC 435 (3) Sustainable Tourism

Complete two of the following courses.
REC 330 (3) Adventure Theory & Practice
REC 345 (3) Environmental Education
REC 370 (3) Outdoor Adventure Recreation
REC 415 (3) Leisure and Aging
REC 481 (3) Recreation Practicum

Self-Designed Emphasis (15 units)
Students may design their own emphasis with a minimum of 15 units of thematic upper-division coursework; at least 6 units must be in recreation administration (REC) courses. The self-designed emphasis must be approved by two members of the Recreation Administration faculty.

Business Requirement (12-18 units)
Complete a minor in business (18 units) — obtain requirements from the School of Business) OR
Complete a minimum of 12 units of business and/or economics advisor-approved coursework. 8 units must be upper division.

REQUIREMENTS FOR THE MINOR
Total units required for the minor: 18

Required Courses
REC 100 (3) Leisure in Society
REC 210 (3) Recreation Leadership
REC 220 (3) Leisure Programming
REC 302 (3) Inclusive Recreation
REC 330 (3) Adventure Theory & Practice
REC 420 (3) Legal & Financial Aspects of Recreation