

Major/Degree: Kinesiology BS: Physical Education Teaching Concentration [KISS]

Units for the major: 60

Total: 120 units are required for a BS degree

Major Academic Plans (MAP) show a general recommended pathway to graduation. Meet with your major advisor each semester to discuss your progress and degree plan for future semesters. Consult the HSU catalog for complete list of major program courses. See the current schedule of classes for courses offered in General Education, American Institutions, and Diversity & Common Ground requirements. This MAP is based on the **2020-21** catalog.

**Freshman Year**

Fall (semester 1)			Spring (semester 2)		
Description	Course	Units	Description	Course	Units
LD GE A1 [1]	ENGL 104 (+optional ENGL 110)	3-4	LD GE A2 [1]	COMM 100	3
LD GE B: Math; Major	STAT 108 or (STAT 108i & STAT 8)	3-4	LD GE A3 [1]		3
LD GE E	HED 100	3	LD GE B: Life Forms	BIOL 104 (recommended)	3
Major [Core]	HED 120	1	LD GE C1 or C2 [4]		3
Major [Core]	KINS 165 Foundations of Kinesiology	3	Major [Core]	ZOOL 270 Human Anatomy	4
Semester Total: 13-15			Semester Total: 16		

**Sophomore Year**

Fall (semester 3)			Spring (semester 4)		
Description	Course	Units	Description	Course	Units
American Institutions [2]		3	American Institutions		3
LD GE C1 or C2 [4]		3	LD GE D [4]		3
LD GE C1 or C2 [4]		3	Major [Core]	KINS 276	3
Major [Core]		3	Major [Concentration]	Concepts of Teaching Course [6]	2
Major [Core]	ZOOL 113 Human Physiology	4	Major [Concentration]	Concepts of Teaching Course [6]	2
			LD GE B: Physical Univ.		3
Semester Total: 16			Semester Total: 16		

**Junior Year**

Fall (semester 5)			Spring (semester 6)		
To Do: Apply to graduate.			To Do: Take the GWPE.		
Description	Course	Units	Description	Course	Units
Major [Core]	KINS 379 Exercise Physiology	4	Major [Core]	KINS 385	3
Major [Core]	KINS 484 Motor Development/Motor Learning	3	Major [Core]	KINS 386	4
UD GE D; Major	REC 302	3	Major [Concentration]	Concepts of Teaching Course [6]	3
Major [Concentration]	Concepts of Teaching Course [6]	2	Major [Concentration]	Concepts of Teaching Course [6]	3
Major [Concentration]	KINS 486	3	Elective		3
Semester Total: 15			Semester Total: 16		

**Senior Year**

Fall (semester 7)			Spring (semester 8)		
			To Do: Register for commencement.		
Description	Course	Units	Description	Course	Units
UD GE C [4]		3	Major [Concentration]	KINS 474	3
Major [Concentration]	KINS 483	3	Major [Concentration]	HED 405	3
Major [Concentration]	KINS 475	3	Major [Core]	KINS 492 Senior Seminar in Kinesiology	3
Major [Concentration]	KINS 490	3	Elective		3
Elective		3	Elective		3
Semester Total: 15			Semester Total: 15		

A1=Written Communication; A2 = Oral Communication; A3 = Critical Thinking; C1 = Arts; C2 = Humanities;

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**Notes**

[1] Requirement: Complete LD GE A1, A2, A3 & B: Math with C- or higher in each course; Complete by 60 units earned.

[2] One American Institution course will also count for LD GE D.

[3] Science Lab Requirement: Take one science course with a lab.

[4] Complete 2 DCG courses, (one must be domestic) with courses that also meet GE.

[5] Credit earned for math support course (STAT 8) does not count toward unit requirements for graduation, GE or major.

[6] Concepts of Teaching (14 units): KINS 311, KINS 313, KINS 315, KINS 325, KINS 327, KINS 329

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