

Major Academic Plan

Catalog Year: 2021-22

Degree **B.A.**

Major: **Kinesiology (Physical Education Teaching)**

Major Academic Plans (MAP) show a general recommended pathway to graduation. Meet with your major advisor each semester to discuss your progress and degree plan for future semesters. Consult the HSU catalog for complete list of major program courses. See the current schedule of classes for courses offered in General Education, American Institutions, and Diversity & Common Ground requirements.

The online registration tutorial during orientation will help you:

- determine your CSU designated math "[placement category](#)" (1, 2, 3 or 4)
- choose your English class(es) through a similar self-directed process
- choose your Math class(es) based on your major and category information as described in the online registration tutorial

Total units required		120
First Year Fall (Semester 1)		
Requirements Met:	Course	Units
GE Area A: Written Communication	ENGL 102* or ENGL 104 (+ optional ENGL 110)	3-4
Major & GE Area B: Life Science	BIOL 104 General Biology	3
GE Area E: Lifelong Learning	HED 100	3
GE Area A: Oral Communication	COMM 100	3
GE Area F: Ethnic Studies		3
Semester Total:		15-16
<i>*If ENGL 102 is selected, students must complete ENGL 103 in semester 2. Adjust spring courses in consultation with an advisor.</i>		
First Year Spring (Semester 2)		
Requirements Met:	Course	Units
GE Area A: Critical Thinking	ENGL 107	3
GE Area B: Mathematics	STAT 108 or (STAT 108i & STAT 8*)	3-4
GE Area C: Arts	ART 108 or TA 105	3
American Institutions/GE Area D: Social Science/DCG Domestic	NAS 200	3
Major (Core)	KINS 165 Foundations of Kinesiology	3
Semester Total:		15-16
<i>*Credit earned for math support course does not count toward unit requirements for graduation, GE or major.</i>		
Second Year Fall (Semester 3)		
Requirements Met:	Course	Units
GE Area C: Humanities	ENG 105 or JMC 105	3
Major (Core)	KINS 288 Foundations of Science in Kinesiology	3
GE Area C: Arts or Humanities		3
Major (Core)	ZOOL 113 Human Physiology	4
Major (Core)	HED 231 Basic Nutrition	3
Semester Total:		16
Second Year Spring (Semester 4)		
Requirements Met:	Course	Units
American Institutions		3
GE Area B: Physical Science		4
Major (Core)	KINS 379 Exercise Physiology	4
GE Area D: Social Science	PSYC 104	3
Semester Total:		14
To Do: Register for the GWPE		

Third Year Fall (Semester 5)		
Requirements Met:	Course	Units
Major (Core)	ZOOL 270 Human Anatomy	4
Major (Concentration)	KINS 313 Concepts of Teaching Dance	2
Major (Core)	HED 120 Responding to Emergencies - CPRFPR	1
Major (Concentration)	KINS 315 Concepts of Teaching Dynamic Patterns of Movement	2
Major (Core)	KINS 385 Adapted Physical Activity	3
Major (Concentration)	KINS 384 Curriculum & Instructional Strategies in Physical Education	3
Semester Total:		15
Third Year Spring (Semester 6)		
Requirements Met:	Course	Units
Major & DCG Domestic	KINS 474 Psychology of Sport & Exercise	3
Major (Core)	KINS 386 Structural Kinesiology	4
Major (Concentration)	KINS 327 Games Concepts I	3
Major (Core)	KINS 484 Motor Development/Motor Learning	3
Major (Concentration)	KINS 475 Elementary School Physical Education	3
Credential preparation [2]	EDUC 285 Technology Skills for Educators	3
Semester Total:		19
Fourth Year Fall (Semester 7)		
Requirements Met:	Course	Units
UD GE Area D	REC 302 Inclusive Recreation	3
Major (Core)	KINS 492 Senior Seminar in Kinesiology	3
Major (Concentration)	KINS 329 Games Concepts 2	3
Major (Concentration)	KINS 325 Health-Related Exercise	2
Major (Concentration)	HED 405 School Health Programs	3
Semester Total:		14
Fourth Year Spring (Semester 8)		
Requirements Met:	Course	Units
Major (Core)	HED 392 Community & Population Health	3
Major (Core)	KINS 483 Evaluation Techniques in Kinesiology	3
Major (Concentration)	KINS 486 Theory of Coaching	2
Major (Concentration)	KINS 311 Concepts of Teaching Aquatics	2
UD GE Area C	PHIL 303, PHIL 306, or PHIL 309B	3
Semester Total:		13
Abbreviations: DCG = Diversity & Common Ground; GE = General Education; LD = Lower Division; UD = Upper Division		
Notes:		
[1] GE modifications in this major - the Upper Division Area B General Education requirement is met by the coursework within the Bachelor of Science degree in Kinesiology.		
[2] Please note: Degree requirements do not include the professional education courses required for a teaching credential. Students earning this degree may waive CSET assessments before entering the credential program. Before applying to the secondary education credential program, students must meet the prerequisite of 45-hours early field experience or consult with advisor, and must enroll in EDUC 285 or equivalent. Consult with your advisor regarding your situation.		