

Major Academic Plan

Catalog Year: 2021-22

Degree **B.A.**

Major: **Kinesiology (Pre-Health Professions)**

Major Academic Plans (MAP) show a general recommended pathway to graduation. Meet with your major advisor each semester to discuss your progress and degree plan for future semesters. Consult the HSU catalog for complete list of major program courses. See the current schedule of classes for courses offered in General Education, American Institutions, and Diversity & Common Ground requirements.

The online registration tutorial during orientation will help you:

- determine your CSU designated math "[placement category](#)" (1, 2, 3 or 4)
- choose your English class(es) through a similar self-directed process
- choose your Math class(es) based on your major and category information as described in the online registration tutorial

Total units required		120
First Year Fall (Semester 1)		
Requirements Met:	Course	Units
GE Area A: Written Communication	ENGL 102* or ENGL 104 (+ optional ENGL 110)	3-4
GE Area B: Mathematics	STAT 108 or (STAT 108i & STAT 8**)	3-4
Major (Core)	KINS 165 Foundations of Kinesiology	3
GE Area A: Oral Communication	COMM 100	3
GE Area F: Ethnic Studies		3
Semester Total:		15-17
<i>*If ENGL 102 is selected, students must complete ENGL 103 in semester 2. Adjust spring courses in consultation with an advisor.</i>		
<i>** Credit earned for math support course does not count toward unit requirements for graduation, GE or major.</i>		
First Year Spring (Semester 2)		
Requirements Met:	Course	Units
GE Area A: Critical Thinking	ENGL 107	3
Prerequisite	MATH 102*	4
GE Area C: Arts	ART 108 or TA 105	3
American Institutions/GE Area D: Social Science/DCG Domestic	NAS 200	3
GE Area E: Lifelong Learning	HED 100	3
Semester Total:		16
<i>* Prerequisite to required major course PHYX 106.</i>		
Second Year Fall (Semester 3)		
Requirements Met:	Course	Units
GE Area C: Humanities	ENGL 105 or JMC 105	3
Major & GE Area B: Physical Science	CHEM 109 General Chemistry I	5
GE Area C: Arts or Humanities		3
Major (Concentration)	ZOOL 113 Human Physiology	4
Semester Total:		15
Second Year Spring (Semester 4)		
Requirements Met:	Course	Units
Major & GE Area B: Life Science	BIOL 105 Principles of Biology	4
Major (Concentration)	Choose in consultation with advisor [2]	1-4
Major (Core)	HED 231 Basic Nutrition	3
Major (Core)	ZOOL 270 Human Anatomy	4
Semester Total:		12-15
To Do: Register for the GWPE		
Third Year Fall (Semester 5)		

Requirements Met:	Course	Units
Major (Core)	KINS 379 Exercise Physiology	4
Major (Concentration)	PHYX 106 College Physics: Mechanics & Heat	4
UD GE Area C	PHIL 303, PHIL 306, or PHIL 309B	3
Major (Concentration)	KINS 244 Medical Terminology	1
American Institutions		3
	Semester Total:	15
Third Year Spring (Semester 6)		
Requirements Met:	Course	Units
Major (Core)	KINS 386 Structural Kinesiology	4
Major (Concentration)	PHYX 107 College Physics: Electromagnetism & Modern Physics	4
Major (Core)	HED 120 Responding to Emergencies - CPRFPR	1
Major (Concentration)	Choose in consultation with advisor [2]	1-4
Major (Core)	KINS 385 Adapted Physical Activity	3
	Semester Total:	13-16
Fourth Year Fall (Semester 7)		
Requirements Met:	Course	Units
Major (Core)	HED 392 Community & Population Health	3
Major (Concentration) & GE Area D: Social Science	PSYC 104 General Psychology [2]	3
Major (Core)	KINS 484 Motor Development/Motor Learning	3
Major (Concentration)	Choose in consultation with advisor [2]	3-4
	Semester Total:	12-13
Fourth Year Spring (Semester 8)		
Requirements Met:	Course	Units
Major (Core)	KINS 492 Senior Seminar in Kinesiology	3
Major (Core)	KINS 483 Evaluation Techniques in Kinesiology	3
Major (Concentration)	PSYC 438 Abnormal Psychology	3
UD GE Area D	REC 302 Inclusive Recreation	3
	Semester Total:	12
Abbreviations: DCG = Diversity & Common Ground; GE = General Education; LD = Lower Division; UD = Upper Division		
Notes:		
[1] GE modifications in this major - the Upper Division Area B General Education requirement is met by the coursework within the Bachelor of Science degree in Kinesiology.		
[2] Complete 9-14 units of approved electives in consultation with an advisor. Full list of approved courses available in the catalog or review DARS. Some courses such as PSYC 104 can satisfy GE and this requirement.		