

## Recreation Administration

*Students injured while participating in a recreation administration class are not covered by any university insurance policy. Students are responsible for obtaining their own coverage through a private insurance agency or through the insurance plan of the Associated Students (University Center, south lounge).*

*Students with disabilities are welcome in all recreation administration activity courses.*

### LOWER DIVISION

**REC 210. Recreation Leadership** (3). Leader's role in organization. Developing a program within organized youth groups.

**REC 211. Leisure in Society** (3). Historical, philosophical, and conceptual developments of leisure in American life. Includes the role of play, recreation, and leisure in both human experience and the recreation and leisure service professions.

**REC 220. Leisure Programming** (3). Theories, content, and design to serve community leisure needs.

**REC 262. Beginning SCUBA** (4). Diving physiology, physics, hyperbaric medicine, nearshore oceanography, gear selection and maintenance, accident management, dive planning. SCUBA certification upon successful completion. [Prereq: REC 282.]

**REC 282. Diving First Aid, Introduction to HSU Diving** (1). NAUI First Aid, and Oxygen Provider training and certification. Recognition, prevention, and first aid treatment of diving emergencies. HSU medical evaluation for scuba diving, swim test, and basic scuba skills evaluation.


### UPPER DIVISION

**REC 302. Inclusive Recreation** (3). Focus on knowledge and attitudes necessary to make recreation accessible to people who have illnesses or disabling conditions. Includes examination of inequity and barriers to leisure, and strategies for inclusion. [DCG-d. D-UD.]

**REC 320. Organization, Administration & Facility Planning** (3). Organization, administration and facility planning of recreation and kinesiology programs. Topics include: organizational structures, fiscal planning and budgets, risk management, personnel policies and issues, and public relations.

**REC 330. Adventure Theory & Practice** (3). Leadership and facilitation skills, participant assessment considerations, instructional techniques, management considerations, and risk management practices for outdoor and adventure programming.

**REC 335. Tourism Planning and Development** (3). Examines positive and negative tourism impacts, growth management, strategies and planning principles. Includes the development and implementation of tourism programs. [Weekly: 2 hrs lect, 3 hrs lab.]

 **REC 345. Environmental Education** (3). Experiential based course where students will develop and implement environmental education and outdoor recreation programs. Students will also assist in the administration of an environmental education center.

**REC 362. Master Diver** (4). NAUI Master Scuba Diver certification upon successful completion of course. Diver rescue, deep diving, night diving, search and recovery, altitude diving, navigational techniques, and introduction to scientific diving. [Prereq: REC 282. SCUBA gear required.]

**REC 365. Travel Industry Management** (3). This is a conceptual and experiential course that provides an overview of hospitality management, meeting and convention planning, travel modes and methods, and destination marketing.

**REC 370. Outdoor Adventure Recreation** (3). Knowledge, skill, abilities, policies, and procedures related to outdoor adventure recreation activities. [Backpacking will provide focus of backcountry skills and experiences applied in this course.]

**REC 375. Winter Adventure Leadership** (2). Knowledge, skill, and abilities related to the leadership of winter adventure recreation activities. Snowshoeing will provide the focus of the backcountry camping and travel experiences applied. [Prereq: REC 370 (C).]


**REC 383. Rescue Diver** (3). Emergency management of diving accidents; diver rescues; first aid for diving injuries. Qualify for HSU/NAUI leadership levels. [Prereq: REC 362.]

**REC 410. Healthy Communities through Recreation** (3). An examination of public, private, non-profit, and community recreation programs and their effect on community health. Focus on healthy policies, built environment, natural spaces, leisure, equity, and integration of recreation and population health approaches. [Recreation administration majors. Rec: REC 210, REC 211, REC 220 and REC 302.]

**REC 415. Leisure and Aging** (3). This class will prepare students to design leisure programs and settings for older adults that are grounded in social theory, research, and best practice. [Rec: REC 211, REC 302. Recreation administration majors.]

**REC 420. Legal & Financial Aspects of Recreation** (3). Legal aspects and the many financial involvements of conducting a recreation program.

**REC 430. Expedition Planning and Leadership** (4). Principles and practices for organization and management of expeditions with development of leadership skills in an extended wilderness adventure including study of legal aspects, health and safety, and risk management.

 **REC 435. Sustainable Tourism** (3). This course examines the environment, economic, and socio-cultural aspects of tourism development, including best practices to maintain long-term sustainability in outgoing and incoming tourism.

**REC 455. Internship & Career Preparation Workshop** (1). Plan and prepare for internship and career in recreation administration. Analyze

career placement opportunities, self-exploration, resume construction, interview methods, e-portfolio development and internship process and requirements. [Prereq: Junior standing or higher and completion of a minimum of 15 units REC coursework, or IA. Rep.]

**REC 471. Scientific Diving** (3). Development of the knowledge, skill, and experience to successfully plan and conduct underwater data collection. This course meets the standards of the American Academy of Underwater Sciences. [Prereq: REC 362.]

**REC 472. Leadership Diving: Assistant Instructor** (4). Rescue-certified divers develop knowledge and skills to assist in supervising and training divers. Course exceeds National Association of Underwater Instructors (NAUI) certification requirements. [Prereq: REC 383.]

**REC 480. Special Topics** (1-3). Topics as demand warrants. [Lect/lab as appropriate. Rep with different topics.]

**REC 480L. Special Topics Laboratory** (1). Laboratory offering of recreation/leisure topics as demand warrants. [Rep with different topics.]

**REC 481. Recreation Practicum** (3). Application of principles of recreation management and leadership in a community agency. [Prereq: REC 211. Sophomore standing or above. Recreation Administration majors. CR/NC.]

**REC 482. Internship in Recreation** (1-6). Supervised experience. Apply academic understanding to a functioning recreational agency. [Prereq: REC 210, REC 211, REC 220, REC 302, REC 320, REC 420, REC 455; senior standing; Recreation Administration majors. Rep up to 6 units.]

**REC 485. Senior Seminar — Majors** (2). Senior majors apply knowledge/skills to professional problems. Specific professional development projects. [Prereq: REC 210, REC 211, REC 220, REC 302, REC 320, REC 420; or IA.]

**REC 495. Directed Field Experience** (1-6). Under supervision of HSU staff. [Prereq: IA and junior/senior standing. Rep.]

**REC 499. Directed Study** (1-6). Supervised by faculty. Provides depth to specific areas of student's professional development. [Prereq: junior/senior standing. Rep.]